

Pink Stein

FIZZY MELON Glenmorang X, Melonade, Lemon Juice and Fever Tree Mexican Lime Soda 9.50	EAST 8 HOLD UP Belvedere, Aperol, Pineapple, Lime Juice, and Passionfruit Syrup 11.00	NEGRONI Gordon's Gin, Campari and Vermouth 9.95
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APPETISERS

- PADRON PEPPERS with olive oil and sea salt (367 kcal) 6.00
HALLOUMI SAGANAKI fried in olive oil, sprinkled with black sesame seeds and oregano and drizzled with honey (631 kcal) 6.75
BREAD AND OLIVES Coombeshead sourdough, with marinated Kalamata olives (840 kcal) 6.95
JAMÓN IBÉRICO DE BELLOTA (93 kcal) 10.95

STARTERS

- GRILLED MEGRIM SOLE with spinach and coriander stir-fry (367 kcal) 9.95
FISH AND SHELLFISH SOUP flavoured with tomato, saffron, garlic, red peppers and a pinch of cayenne served with rouille, croutons and
Parmesan (370 kcal) 13.95
MOULES MARINIÈRE with white wine and parsley (516 kcal) 14.95
CRAB LINGUINE with chilli, garlic and parsley (460 kcal) 16.00
DEEP FRIED COCONUT PRAWNS coated in coconut and panko with papaya dip (474 kcal) 16.95
SEARED TUNA GUACAMOLE with spring onion, chilli, and soy dressing (85 kcal) 18.00
SCALLOPS with ginger, soy, coriander (43 kcal) 22.95
SASHIMI OF SCALLOP TUNA AND SALMON with pickled ginger, wasabi and soy dipping sauce (185 kcal) 24 .00
DEVILLED KIDNEYS with chestnut mushrooms and toasted sourdough (552 kcal) 10.50
MAPLE ROASTED PUMPKIN with rocket, feta and dukkah (383 kcal) 9.95
LENTIL, BEETROOT AND GOATS CHEESE SALAD with walnuts and rocket (677 kcal) 9.95

MAINS

- FISH AND CHIPS cod deep-fried, with chips, mushy peas, and tartare sauce (1100 kcal) 23.95
(One Feeds Two) Every time you order fish and chips, we donate a school meal to a child in poverty
GRILLED POUTING with spring onion mash and soy butter (468 kcal) 19.95
GRILLED SEA BASS with hot, sweet chilli sauce, roasted peanuts and pak choi (804 kcal) 30.95
INDONESIAN SEAFOOD CURRY with cod, sea bass, and prawns with pilau rice and a green bean, grated coconut salad (700 kcal) 33.50
MONKFISH pan-fried with garlic and fennel (1522 kcal) 40.95
TRONÇON OF TURBOT WITH HOLLANDAISE turbot in the English Style, simple and probably a nicer way of eating with this wonderful fish than
anything more elaborated (800 kcal) 50.00
CORNISH LOBSTER THERMIDOR a classic French dish of lobster cooked in a light cream and dry vermouth sauce slightly flavored with Parmesan
cheese and mustard. Served with thin cut chips (1440 kcal) 69.95
8OZ RIB EYE STEAK from Philip Warren Butchers, Launceston, with thin cut chips and a salad of baby gem lettuce, shallots and cream with
Cabernet Sauvignon vinaigrette (1000 kcal) 36.95
BUTTERNUT SQUASH RISOTTO (456 kcal) 15.95

SIDES

- MINTED NEW POTATOES (177 kcal) 5.95
THIN CHIPS (365 kcal) 5.95
BRAISED PEAS with lardons (87 kcal) 5.95
GARDEN SALAD (161 kcal)
CABBAGE with miso (410 kcal) 6.50
TOMATO AND SHALLOT SALAD (132 kcal) 5.95