



#### STEIN'S GIN HIGHBALL

Stein's Tarquin's Gin, pineapple, Fever Tree lemon tonic 13.50

### APPETISERS

SALT COD FISH CAKES a recipe from Houria Café, featured on Rick Stein's Food Stories (381kcal) 5.50

HALLOUMI SAGANAKI fried in olive oil, sprinkled with black sesame seeds and oregano and drizzled with honey (931 kcal) 6.75

BREAD AND OLIVES Coombeshead sourdough, with marinated Kalamata olives (778 kcal) 6.95

JAMÓN IBÉRICO DE BELLOTA (90 kcal) 10.95

DORSET OYSTERS from Brownsea Island served on ice with lemon and sauce mignonette (50 kcal 1x) three/six 16.50/33

EXMOOR CAVIAR with blinis and crème fraîche 10g (56 kcal) 39.50

### SUMMER OF SHELLFISH

CARABINEROS with mayonnaise and lemon (260 kcal) 10.50

### STARTERS

GRILLED MACKEREL with beef tomatoes, tapenade and crispy basil (199 kcal) 9.95

FISH AND SHELLFISH SOUP flavoured with tomato, saffron, garlic, red peppers and a pinch of cayenne served with rouille, croutons and Parmesan (451 kcal) 13.95

SHELTON MUSSELS with garlic, chilli and lemon (445 kcal) 14.95

SMOKED SALMON with horseradish cream (742 kcal) 16.50

DEEP FRIED COCONUT PRAWNS coated in coconut and panko with papaya dip (517 kcal) 16.95

SEARED TUNA GUACAMOLE with spring onion, chilli, and soy dressing (169 kcal) 18

SCALLOPS seared with hazelnut butter (411 kcal) 22.95

SASHIMI OF SCALLOP TUNA AND SALMON with pickled ginger, wasabi and soy dipping sauce (138 kcal) 24

DEVILLED KIDNEYS with chestnut mushrooms and toasted sourdough (575 kcal) 10.50

GOATS' CHEESE SOUFFLÉ with lambs' lettuce (488 kcal) 15.95

### MAINS

FISH AND CHIPS cod deep-fried, with chips, mushy peas, and tartare sauce (1266 kcal) 23.95

**(One Feeds Two** Every time you order fish and chips, we donate a school meal to a child in poverty).

HADDOCK with spring onion mash and soy butter (475 kcal) 28.50

HAKE with beer, bacon and lettuce (628kcal) 28.95

CHARGRILLED TUNA STEAK with roasted fennel and tomatoes (290 kcal) 29.95

INDONESIAN SEAFOOD CURRY with cod, sea bream, and prawns with pilau rice and a green bean, grated coconut salad (1347 kcal) 33.50

WILD SEA BASS with tomato and vanilla vinaigrette (1221 kcal) 36.95

MONKFISH pan-fried with garlic and fennel (1522 kcal) 40.95

TRONÇON OF TURBOT WITH HOLLANDAISE turbot in the English Style, simple and probably a nicer way of eating with this wonderful fish than anything more elaborated (800 kcal) 50

DOVER SOLE A LA MEUNIÈRE dusted with flour and fried in an oval pan, served with beurre noisette (1564 kcal) 54.95

8OZ RIB EYE STEAK from Philip Warren Butchers, Launceston, with thin cut chips and a salad of baby gem lettuce, shallots and cream with Cabernet Sauvignon vinaigrette (1340 kcal) 36.95

SPAGHETTI ALLE ZUCCHINE with mascare and rosemary (1054 kcal) 18.50

### SUMMER OF SHELLFISH

CORNISH GRILLED LOBSTER during the summer Cornish lobsters are bountiful and deserve to be celebrated, so until 1st September we're offering lobster with fines herbes, thin cut chips and salad for a very special price – including a £1 donation to support the wonderful work of the National Lobster Hatchery (1710kcal) 39.95

SHELLFISH RAGOÛT (621kcal) 34

with crab, cockles, clams, mussels and prawns in a rich sauce with linguine and fines herbes



### SIDES

TOMATO AND SHALLOT SALAD (132 kcal) 5.95  
kcal) 5.95

SPRING ONION MASHED POTATOES (359 kcal) 5.95

MINTED NEW POTATOES (307 kcal) 5.95

BUTTERED SPINACH (147 kcal) 6.50

GARDEN SALAD with fines herbes (132

THIN CHIPS (1033 kcal) 5.95

BUTTERED GREEN BEANS (182 kcal) 6.50

### GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.





## SET MENU

Available Monday to Thursday from 12pm to 9pm

Friday 12pm to 5pm

### STARTERS

Grilled Sardines (396 kcal)  
With coarsely chopped green herbs

Smoked Mackerel Pâté (164 kcal)  
with mixed salad and sourdough

Spider Crab Bisque (308 kcal)

### MAINS

Salmon Fish Cakes (208 kcal)  
with capers and lemon dressing

Barbecued Chicken (405 kcal)  
with sumac, pomegranate molasses, chilli and sesame

Vegetable Makhawala Curry (527 kcal)  
with fragrant rice

### DESSERTS

Gooseberry Fool (357 kcal)  
with gingernut biscuits

Crema Catalana (755 kcal)  
with cinnamon, cardamom and orange

Bakewell Tart (808 kcal)  
with Cornish clotted cream

2 COURSES £24.95 / 3 COURSES £29.95



## DESSERTS

STRAWBERRY SORBET with Chantilly cream and langue de chat - as seen on Rick Stein's Food Stories

(168 kcal) 7.95

PROFITEROLES served with dark chocolate sauce (315 kcal) 9.95

RHUBARB TRIFLE (245 kcal) 9.95

STICKY TOFFEE PUDDING with Cornish clotted cream (1053 kcal) 9.95

CHOCOLATE CRÈME BRÛLÉE (258 kcal) 11.50

HAZELNUT AND CHOCOLATE DACQUOISE (517 kcal) 11.50

A SELECTION OF ICE CREAMS vanilla, strawberry, salted caramel, rocky road or chocolate chip cookie -

3x scoops (591 kcal) 10.50

A SELECTION OF CHEESES

Finn, Roquefort and Vintage Cheddar - (558 kcal) 12.95

Served with beetroot chutney and sourdough crackers

## DESSERT WINE

MONBAZILLAC, CHATEAU RAMON, GRANGE NEUVE, FRANCE, 2018 (100 ML) 12

BRACHETTO D'ACQUI DOGG, CONTERO, ITALY 2019 (100 ML) 15.75

SAUTERNES BARSAC, CYPRES DE CLIMENS, FRANCE, 2016 58

MORRIS OF RUTHERGLEN, MUSCAT, AUSTRALIA, NV 69

## DIGESTIFS

### SHERRY

PEDRO XIMENEZ, BELLA LUNA, SPAIN (sweet) 7.50

MANZANILLA PAPIRUSA, LUSTAU, SPAIN (dry) 7.70

AMONTILLADO LOS ARCOS, LUSTAU, SPAIN (dry) 8

### PORT

QUINTA DE LA ROSA 10-YEAR-OLD TAWNY 12

QUINTA DE LA ROSA VINTAGE 2009 20.50

MADEIRA TINTA NEGRA, MILES, RICH, PORTUGAL NV 8.90

## HOT DRINKS

TEA 3.75

EXPRESSO 3.50

AMERICANO 4.00

LATTE 4.00

CAPPUCCINO 4.00

FLAT WHITE 4.00

LIQUER COFFEE 8.00

Please ask for information on allergens.

A discretionary service charge of 12.5% will be added to your bill.