## St Petrous Bistro

## **APPETISERS**

COOMBESHEAD SOURDOUGH

with kalamata olives and salt cod brandade 6.95 | 778kcal TEMPURA COURGETTE FLOWER

with sweet chilli dipping sauce 6.95 | 41kcal MEXICAN CORN ON THE COB

with feta, chilli and lime 5.00 | 157kcal PADRON PEPPERS

local, more hot than not! 5.95 | 164kcal

## **STARTERS**

CELEBRATING
UNSUNG SEAFOOD

We're championing the unsung fish and shellfish of the British Isles, prepared in classic dishes you know and love. Discover something new...

STARTER: SEAFOOD SATAY

Our take on the Indonesian classic. Balinese spiced fish skewers with a peanut sauce. 9.95

MAIN: POUTING WITH SPRING ONION MASH Grilled pouting served with spring onion mash, tomato, coriander and a soy butter sauce. 19.95 BEEF TARTARE

chopped top rump steak 19.95 | 206kcal

LAMB SWEETBREADS

with lemon and tarragon sauce 12.95 | 311kcal

**DEVILLED EGGS** 

with anchovies and baby gem lettuce 9.95 | 201kcal SEA BASS CEVICHE

with pomegranate 14.95 | 372kcal

SMOKED SALMON

with walnut bread 16.50 | 318kcal

HERITAGE TOMATO SALAD

with mozzarella 12.95 | 372kcal

MAINS

CRAB LINGUINE

with garlic, parsley and chilli 29.90 | 597kcal

PORK

with a cider butter sauce 24.95 | 1229kcal **CORNISH HAKE** 

with spring onion mash 28.95 | 1229kcal OVEN-DRIED TOMATO AND THYME TART

with Blue Vinny cheese, olive oil and rocket 19.95 | 1188kcal

WHOLE ROASTED BREAM

with fennel and Pernod 29.95 | 459kcal **BLONDE RAY** 

with bearnaise sauce 29.95 | 987kcal

HOME SMOKED CHICKEN BREAST

with carrot, ginger and chilli sambal 21.95 | 380kcal

PHILIP WARREN BUTCHERS – all our meat comes from Philip and Ian's skilled team in Launceston. As well as farming their own livestock they work with small farmers across Dartmoor, Bodmin Moor, and the grasslands of the Tamar Valley, specialising in native breeds to produce the very best Cornish meat.

BARBECUE GRILL

12 OZ FULL FACE RUMP STEAK 31.95 | 1229kcal

10OZ RIBEYE STEAK 38.95 | 944kcal 8OZ FILLET STEAK 43.95 | 968kcal

add: Bearnaise sauce 576kcal | Bone marrow gravy 454kcal | Peppercorn sauce 196kcal 4.00 Our beef is from Philip Warren's Butchers, Launceston. Served with a cherry tomato, thyme, shallot and rocket salad and thin cut chips

SIDES -

THIN CUT CHIPS

5.95 | 498kcal

CAESAR SALAD 6.95 | 188kcal GRILLED HISPI CABBAGE

with olive oil and sea salt 6.50 | 174kcal

KALE

with confit garlic 6.50 197kcal **BUTTERED POTATOES** 

5.95 | 378kcal

MIXED LEAF SALAD with white wine vinaigrette 5.95 | 367kcal