## St Petrous Bistro

## **APPETISERS**

COOMBESHEAD SOURDOUGH with kalamata olives and salt cod

brandade 6.95 | 778kcal TEMPURA COURGETTE FLOWER with sweet chilli dipping sauce 6.95 | 41kcal

MEXICAN CORN ON THE COB with feta, chilli and lime 5.00 | 157kcal

PADRON PEPPERS local, more hot than not! 5.95 | 164kcal

CELEBRATING **UNSUNG SEAFOOD** 

We're championing the unsung fish and shellfish of the British Isles, prepared in classic dishes you know and love. Discover something new...

STARTER: SEAFOOD SATAY Our take on the Indonesian classic. Balinese spiced fish skewers with a peanut sauce. 9.95

MAIN: POUTING WITH SPRING ONION MASH Grilled pouting served with spring onion mash, tomato, coriander and a soy butter sauce. 19.95 STARTERS

BEEF TARTARE chopped top rump steak 19.95 | 206kcal

SMOKED SALMON with walnut bread 16.50 | 318kcal

**DEVILLED EGGS** with anchovies and baby gem lettuce 9.95 | 201kcal

SEA BASS CEVICHE with pomegranate

14.95 | 372kcal

LAMB SWEETBREADS with lemon and tarragon sauce 12.95 | 311kcal

HERITAGE TOMATO SALAD with mozzarella 10.95 | 372kcal

**LUNCH SPECIALS** 

All 15.95

LOBSTER ROLL FRITES made to Jack's recipe. Cornish lobster served in a brioche roll 1139kcal

CHICKEN CAESAR SALAD gem lettuce, croutons, chicken and classic Caesar dressing

STEAK FRITES seasoned rump steak from Phillip Warren, Launceston 1484kcal 432kcal

MOULES FRITES mussels with white wine, onion and parsley 1622kcal

PASTA ALLA NORMA with aubergine, chilli, tomato and goats cheese 853kcal

MAINS

CRAB LINGUINE with garlic, parsley and chilli 29.90 | 597kcal

**PORK** with a cider butter sauce 24.95 | 1229kcal

**CORNISH HAKE** with spring onion mash 28.95 | 1229kcal

WHOLE ROASTED BREAM with fennel and Pernod 29.95 | 459kcal

OVEN-DRIED TOMATO AND THYME TART with Blue Vinny cheese, olive oil and rocket 19.95 | 1188kcal

> **BLONDE RAY** with bearnaise 29.95 | 987kcal

HOME SMOKED CHICKEN BREAST with carrot, ginger and chilli sambal 21.95 | 380kcal

PHILIP WARREN BUTCHERS - all our meat comes from Philip and Ian's skilled team in Launceston. As well as farming their own livestock they work with small farmers across Dartmoor, Bodmin

**BARBECUE GRILL**-

Moor, and the grasslands of the Tamar Valley, specialising in native breeds to produce the very best Cornish meat.

12 OZ FULL FACE RUMP STEAK 31.95 | 1229kcal

100Z RIBEYE STEAK 38.95 | 1506kcal

**8OZ FILLET STEAK** 43.95 | 968kcal

add: Bearnaise sauce 576kcal | Bone marrow gravy 454kcal | Peppercorn sauce 196kcal 4.00 Our beef is from Philip Warren's Butchers, Launceston. Served with a cherry tomato, thyme, shallot and rocket salad and thin cut chips

SIDES -

THIN CUT CHIPS 5.95 | 498kcal

CAESAR SALAD 6.95 | 188kcal

GRILLED HISPL CABBAGE with olive oil and sea salt 6.50 | 174kcal

> **KALE** with confit garlic 6.50 197kcal

**BUTTERED POTATOES** 5.95 | 378kcal

MIXED LEAF SALAD with white wine vinaigrette 5.95 | 367kcal