

APPETISERS

COOMBESHEAD SOURDOUGH with kalamata olives and salt cod brandade

6.95 | 778kcal

TEMPURA COURGETTE FLOWER
with sweet chilli dipping sauce
6.95 | 41kcal

MEXICAN CORN ON THE COB with feta, chilli and lime 5.00 | 157kcal PADRON PEPPERS local, more hot than not! 5.95 | 164kcal

STARTERS

DEVILLED EGGS

with anchovies and baby gem lettuce 9.95 | 201kcal

HERITAGE TOMATO SALAD

with mozzarella 10.95 | 372kcal BEEF TARTARE

chopped top rump steak 19.95 | 206kcal

SMOKED SALMON

with walnut bread 16.50 | 318kcal SEA BASS CEVICHE

with pomegranate 14.95 | 372kcal

LAMB SWEETBREADS

with lemon and tarragon sauce 12.95 | 311kcal

LUNCH SPECIALS

All 15.95

LOBSTER ROLL FRITES

made to Jack's recipe. Cornish lobster served in a brioche roll 1139kcal CHICKEN CAESAR SALAD

gem lettuce, croutons, chicken and classic Caesar dressing 432kcal STEAK FRITES

seasoned rump steak from Phillip Warren, Launceston 1484kcal **MOULES FRITES**

mussels with white wine, onion and parsley 1622kcal PASTA ALLA NORMA

with aubergine, chilli, tomato and goats cheese 853kcal

MAINS

CRAB LINGUINE

with garlic, parsley and chilli 29.90 | 597kcal

PORK

with a cider butter sauce 24.95 | 1229kcal CORNISH HAKE

with spring onion mash 28.95 | 1229kcal

WHOLE ROASTED BREAM

with fennel and Pernod 29.95 | 459kcal OVEN-DRIED TOMATO AND THYME TART

with Blue Vinny cheese, olive oil and rocket 19.95 | 1188kcal

BLONDE RAY

with bearnaise 29.95 | 987kcal

HOME SMOKED CHICKEN BREAST

with carrot, ginger and chilli sambal 21.95 | 380kcal

PHILIP WARREN BUTCHERS – all our meat comes from Philip and Ian's skilled team in Launceston. As well as farming their own livestock they work with small farmers across Dartmoor, Bodmin Moor, and the grasslands of the Tamar Valley, specialising in native breeds to produce the very best Cornish meat.

BARBECUE GRILL

12 OZ FULL FACE RUMP STEAK

31.95 | 1229kcal

10OZ RIBEYE STEAK 38.95 | 1506kcal

80Z FILLET STEAK

43.95 | 968kcal

add: Bearnaise sauce 576kcal | Bone marrow gravy 454kcal | Peppercorn sauce 196kcal 4.00

Our beef is from Philip Warren's Butchers, Launceston. Served with a cherry tomato, thyme, shallot and rocket salad and thin cut chips

SIDES

THIN CUT CHIPS 5.95 | 498kcal

CAESAR SALAD 6.95 | 188kcal GRILLED HISPI CABBAGE

with olive oil and sea salt 6.50 | 174kcal

KALE

with confit garlic 6.50 197kcal **BUTTERED POTATOES**

5.95 | 378kcal

MIXED LEAF SALAD

with white wine vinaigrette 5.95 | 367kcal