# St Petrous Bistro

#### **APPETISERS**

COOMBESHEAD SOURDOUGH and Kalamata olives and salt cod brandade 6.95 | 778kcal TEMPURA COURGETTE FLOWER with sweet chilli dipping sauce 6.95 | 41kcal

CORN ON THE COB with aioli 5.00 | 157kcal PADRON PEPPERS 5.95 | 164kcal

### **STARTERS**

SUMMER OF SHELLFISH

PALOURDE CLAMS with aioli

Poole clams cooked in white wine and parsley, best eaten with lots of good bread. 16.95 | 200kcal BEEF TARTARE
Top rump steak tartare
16.95 | 206kcal

HERITAGE TOMATO SALAD with mozzarella 12.95 | 372kcal SEA BASS CEVICHE with pomegranate 14.95 | 372kcal

SMOKED SALMON with walnut bread 16.50 | 318kcal

DEVILLED EGGS
with anchovies on baby gem
9.95 | 201kcal

### **LUNCH SPECIALS**

LINGUINE CLAMS with garlic, parsley and chilli 22.95 | 597kcal TUNA POKE BOWL with edamame beans and pineapple salsa 19.50 | 596kcal MONTEREY JACK CHEESEBURGER
with fries
18.50 | 1171kcal

## **MAINS**

#### SUMMER OF SHELLFISH

GRILLED CORNISH LOBSTER

During the summer Cornish lobsters are bountiful and deserve to be celebrated, so until 1st September we're offering lobster with fines herbes, thin cut chips and salad for a very special price – including a £1 donation to support the wonderful work of the National Lobster Hatchery.

39.95 | 1710kcal

HOME SMOKED CHICKEN BREAST with carrot, ginger and chilli sambal

21.95 | 380kcal

CORNISH HAKE with spring onion mash 28.95 | 1229kcal

PORK
with a cider butter sauce
24.95 | 1229kcal

GRILLED CATCH OF THE DAY our team will let you know today's special 29.95 | 459kcal

OVEN-DRIED TOMATO AND THYME TART with Blue Vinny cheese, olive oil and rocket 19.95 | 1188kcal

BLONDE RAY with bearnaise 29.95 | 987kcal

PHILIP WARREN BUTCHERS – all our meat comes from Philip and Ian's skilled team in Launceston. As well as farming their own livestock they work with small farmers across Dartmoor, Bodmin Moor, and the grasslands of the Tamar Valley, specialising in native breeds to produce the very best Cornish meat.

#### **BARBECUE GRILL**-

FULL FACE RUMP STEAK 31.95 | 1229kcal 10OZ RIBEYE STEAK 38.95 | 944kcal 8OZ FILLET STEAK 43.95 | 968kcal

add: Bearnaise sauce 576kcal | Bone marrow gravy 454kcal | Peppercorn sauce 196kcal 3.95 Our beef is from Philip Warren's Butchers, Launceston. Served with a cherry tomato, thyme, shallot and rocket salad and thin cut chips

SIDES

THIN CUT CHIPS 5.95 | 498kcal

CAESAR SALAD 6.95 | 188kcal CARROTS with star anise 6.50 | 275kcal GRILLED HISPI CABBAGE with olive oil and sea salt 6.50 | 174kcal BUTTERED POTATOES 5.95 | 378kcal

MIXED LEAF SALAD with white wine vinaigrette 5.95 | 367kcal