

MARINATED OLIVES 4.50 302 kcal

HALLOUMI SAGANAKI drizzled with honey, black sesame seeds and oregano 6.75 931 kcal

SOURDOUGH BREAD Coombeshead Farm sourdough and marinated Kalamata olives 6.95 1252 kcal

PRAWN FRITTERS with mango chutney 5.95 207 kcal

STARTERS

CRAB LINGUINE handpicked white crab meat, olive oil, concasse tomato, chilli, garlic, and parsley 14.95 210 kcal

SALT & PEPPER PRAWNS with cucumber, spinach and a soy and sesame dressing 15.95 531 kcal

GRILLED SCALLOPS with pumpkin seeds and chilli 19.95 296 kcal

PEPPER & TOMATO SOUR SOUP with lentils, chilli and coriander 7.50 102 kcal

VIETNAMESE POACHED CHICKEN SALAD peanuts, chilli, mint, and coriander 10.50 283 kcal

FETA AND ROCKET SALAD with maple roasted butternut squash, hazelnuts, sesame seeds and cumin 9.95 383 kcal

THAI FISH CAKES with a sweet and sour cucumber dipping sauce and Thai vegetable salad with peanuts and chilli 11.95 134kcal

MAINS

HALLOUMI CHILLI BURGER brioche bun, chilli chutney, mayonnaise and thin cut chips 16.95 1525 kcal

BOMBAY SALMON MASALA tomato based curry, coconut spice blend, chilli and tamarind served with basmati rice 19.95 682kcal

GRILLED HAKE LAKSA with egg noodles, spring onion and coriander, and a Malaysian shrimp paste, chilli, and makrut lime sambal 23.95 517kcal

PONDICHERRY COD CURRY a fragrant curry from southern India served with basmati rice 22.95 821 kcal

One Feeds Two - When you enjoy this café classic, we provide a school meal for a child living in poverty. Good food - does good.

SEA BASS WITH HOT AND SOUR SAUCE served with pak choi, sweet chilli, cashew nuts and basmati rice 28.95 498 kcal

RUMP STEAK WITH CHIMICHURRI SAUCE 8oz rump steak from Philip Warren butcher in Launceston. Served with Chimichurri sauce and thin cut chips 24.95 2046 kcal

PRAWN STIR FRY cabbage, tender stem broccoli, garlic, chilli and fragrant rice 18,95 576 kcal

SIDES

THIN CUT CHIPS 4.95 647 kcal

ASIAN COLESLAW cabbage, carrot, mint and coriander with lime and fish sauce dressing 4.95 39 kcal

POPPADOMS 2.50 137 kcal

BUTTERNUT SQUASH MASALA with tamarind, chilli and coconut 5.50 230 kcal

CHAPATIS 2.50 344 kcal

GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.

