

MARINATED OLIVES 4.50 302 kcal

HALLOUMI SAGANAKI drizzled with honey, black sesame seeds and oregano 6.75 931 kcal

PADRON PEPPERS sea salt and extra virgin olive oil 6.00 113 kcal

SOURDOUGH BREAD Coombeshead Farm sourdough and marinated Kalamata olives 6.95 1252 kcal

STARTERS

LEMON SOLE GOUJONS with tartare sauce 12.95 498 kcal

CRAB LINGUINE handpicked white crab meat, olive oil, concasse tomato, chilli, garlic, and parsley 14.95 210 kcal

SALT AND PEPPER PRAWNS served with cucumber, spinach and a soy and sesame dressing 15.95 531 kcal

GRILLED SCALLOPS with hazelnut and coriander butter 19.95 296 kcal

THAI FISH CAKES with a sweet and sour cucumber dipping sauce and Thai vegetable salad with peanuts and chilli 10.50 134kcal

VIETNAMESE POACHED CHICKEN SALAD peanuts, chilli, mint, and coriander 9.95 283 kcal

PASTA WITH ALMOND, BASIL AND PECORINO cherry tomatoes and green pesto 9.95 336 kcal

MAINS

FISH CHILLI BURGER brioche bun, chilli chutney, mayonnaise and thin cut chips 19.95 1525 kcal

PRAWN MOILEE with coconut curry leaves, ginger and tomato 23.95 617 kcal

CHANA MASALA chickpea curry. Served with fragrant rice and coriander 16.95 492 kcal

GRILLED MISO SALMON vermicelli noodles, spring onion 22.95 765kcal

GRILLED HAKE LAKSA with egg noodles, spring onion and coriander, and a Malaysian shrimp paste, chilli, and makrut lime sambal 23.95 517kcal

PONDICHERRY COD CURRY a fragrant curry from southern India served with basmati rice 22.95 821 kcal

One Feeds Two - When you enjoy this café classic, we provide a school meal for a child living in poverty. Good food - does good.

SEA BASS WITH HOT AND SOUR SAUCE served with pak choi, sweet chilli, cashew nuts and basmati rice 28.95 498kcal

CHARGRILLED RUMP STEAK 10oz rump steak from Philip Warren butcher in Launceston. Served with rocket and thin cut chips 28.00 1328kcal
Peppercorn Sauce 3.95 552 kcal

CELEBRATING UNSUNG SEAFOOD

We're championing the unsung fish and shellfish of the British Isles, prepared in classic dishes you know and love. Discover something new...



STARTER: WHELK SPRING ROLLS deep-fried spring rolls with slow-cooked whelks, ginger, spring onions and mushrooms. 5.95

MAIN: PONDICHERRY WRASSE CURRY inspired by a fragrant southern Indian curry served with basmati rice. 19.95

SIDES

THIN CUT CHIPS 4.95 1033 kcal

ASIAN COLESLAW cabbage, carrot, mint and coriander with lime and fish sauce dressing 4.95 111 kcal

POPADOMS 2.50 1325 kcal

TOMATO & SHALLOT SALAD 4.95 113kcal

SPICED CABBAGE with coconut and chilli 5.50 353 kcal

CHAPATIS 2.50 1325 kcal

GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.

