

MARINATED OLIVES 4.50 302 kcal
HALLOUMI SAGANAKI drizzled with honey,
black sesame seeds and oregano
6.75 931 kcal

SOURDOUGH BREAD Coombeshead Farm
sourdough and marinated Kalamata olives
6.95 1252 kcal

STARTERS

CRAB LINGUINE handpicked white crab meat, olive oil, concasse tomato, chilli, garlic,
and parsley 14.95 210 kcal

SALT AND PEPPER PRAWNS served with cucumber, spinach and a soy and sesame
dressing 15.95 531 kcal

GRILLED SCALLOPS with hazelnut and coriander butter 19.95 296 kcal

PEPPER & TOMATO SOUR SOUP lentils, chilli and coriander 7.50 102 kcal

VIETNAMESE POACHED CHICKEN SALAD peanuts, chilli, mint, and coriander
10.50 283 kcal

FETA AND ROCKET SALAD with maple roasted butternut squash, hazelnuts, sesame seeds
and cumin. 7.95 383 kcal

MAINS

HALLOUMI CHILLI BURGER brioche bun, chilli chutney, mayonnaise and thin cut chips
16.95 1525 kcal

CHANA MASALA chickpea curry. Served with fragrant rice and coriander
16.95 492 kcal

BOMBAY SALMON MASALA tomato based curry, coconut spice blend, chilli and
tamarind served with basmati rice 19.95 682kcal

GRILLED HAKE LAKSA with egg noodles, spring onion and coriander, and a Malaysian
shrimp paste, chilli, and makrut lime sambal 23.95 517kcal

PONDICHERRY COD CURRY a fragrant curry from southern India served with basmati rice
22.95 821 kcal

One Feeds Two - When you enjoy this café classic, we provide a school meal for a child
living in poverty. Good food - does good.

SEA BASS WITH HOT AND SOUR SAUCE served with pak choi, sweet chilli, cashew nuts
and basmati rice 28.95 498kcal

RUMP STEAK WITH CHIMICHURRI SAUCE 8oz rump steak from Philip Warren butcher in
Launceston. Served with Chimichurri sauce and thin cut chips 24.95 2046kcal

PRAWN STIR FRY cabbage, tender stem broccoli, garlic, chilli and fragrant rice
18,95 576kcal

LUNCH SPECIALS

SPLASH CAFÉ CLAM CHOWDER creamy chowder with potato, bacon and chives.
12.50 779 kcal

FISH BURGER battered coley with miso mayonnaise, kimchi, and burger relish. 13.50
312 kcal

LAMB KOFTA marinated lamb with mint, cumin, yoghurt and dill dip, pickled chillies.
Served with flat bread. 12.50 373 kcal

THE BIG CHEESE TOASTIE Cornish Yarg, Cheddar, Ogleshield, Emmental, gherkins, Dijon
mustard and red onions. 15.50 1511 kcal

SIDES

THIN CUT CHIPS 4.95 647 kcal

ASIAN COLESLAW cabbage, carrot,
mint and coriander with lime and fish
sauce dressing 4.95 39 kcal

POPADOMS 2.50 137kcal

BUTTERNUT SQUASH MASALA with
tamarind, chilli and coconut 5.50 230 kcal

CHAPATIS 2.50 230 kcal

GIFT CARDS

Delight friends and family with a Rick Stein gift card,
redeemable in all our restaurants, rooms, cookery school,
shops and online.

