

MARINATED OLIVES 4	LEMON SOLE GOUJONS salsa verde mayonnaise 5
HALLOUMI SAGANAKI drizzled with honey, black sesame seeds and oregano 5.95	PADRON PEPPERS sea salt and extra virgin olive oil 5
SOURDOUGH BREAD Coombeshead Farm sourdough and marinated Kalamata olives 5.95	

STARTERS

- TIBETAN NOODLE SOUP with Pak choi and Tibetan chilli sauce 7.50
- THAI FISH CAKES with a sweet and sour cucumber dipping sauce 9.95
- CRAB LINGUINE handpicked white crab meat, olive oil, concasse tomato, chilli, garlic, and parsley 14.95
- SALT AND PEPPER PRAWNS served with cucumber, spinach and a soy and sesame dressing 14.95
- SCALLOPS with soy, ginger, and coriander 17.95
- VIETNAMESE POACHED CHICKEN SALAD peanuts, chilli, mint, and coriander 9.95
- MOULES MARINIÈRE with garlic, white wine, and parsley 12.95
- MUSSEL MASALA with coconut, ginger, and green chillies 12.95

SANDWICHES Available until 3pm
HOT SMOKED SALMON crème fraîche and capers 9.95
STEAK rocket and horseradish cream 11.95

MAINS

- AUBERGINE CURRY chilli, tomato, fragrant basmati rice and makrut lime leaves 16.95
- COD FISH CAKES with capers and lemon dressing 16.95
- PONDICHERRY HAKE CURRY a fragrant curry from southern India served with basmati rice 20.95
- One Feeds Two** - When you enjoy this café classic, we provide a school meal for a child living in poverty. Good food - does good.
- NASI GORENG with chicken, spring onion and cucumber 19.95
- GRILLED BREAM LAKSA with egg noodles, beansprouts, spring onion and coriander, and a Malaysian shrimp paste, chilli, and makrut lime sambal 19.95
- GRILLED MISO SALMON vermicelli noodles, spring onion and beansprouts 21.95
- DUCK NOODLE BROTH crispy chilli, garlic, ginger, spring onions, beansprouts and coriander 18.95
- CHARGRILLED RUMP STEAK 10oz rump steak from Philip Warren butcher in Launceston. Served with rocket and thin cut chips 26
- Peppercorn Sauce 3

LUNCH SPECIAL Available until 3pm
RICK'S BOMBAY SALMON MASALA with basmati rice, chapati and a Harbour Brewing Arctic Sky IPA 330ml 19.95

SIDES

- THIN CUT CHIPS 4.50
- KALE sea salt and olive oil 4.50
- GARDEN SALAD with fines herbes 4.50
- BUTTERED POTATOES parsley and mint 4.50
- RICE 3.50

COCKTAILS

RHUBARB ROYALE 9.95 | MH EXPRESSO MARTINI 10.95
MH MARGARITA 14.50 | NEGRONI 9.95

OUR FAVOURITE SPIRITS

RICK STEIN & TARQUIN'S GIN 5.75 | BELVEDERE VODKA 4.95
BOMBAY SAPPHIRE GIN 4.25 | DOORLY'S DARK OR WHITE RUM 3.75

BEER & CIDER

CHALKY'S BITE (6.8%) 5.50 | DOOM BAR (4.3%) 5.50 | PERONI (5.1%) 5.00
ASAHI (5.2%) 5.00 | OFFSHORE PILSNER (4.8%) 4.50 | VERDANT LIGHTBULB EPA (4.5%) 5.25
CORNISH ORCHARDS FARMHOUSE (5%) 6.00
LUCKY SAINT LOW ALC (0.5%) 4.50

SOFT DRINKS

COKE 3.50 | DIET COKE 3.50 | COKE ZERO 3.50 | LEMONADE 3.50 | ELDERFLOWER 3.75
GUSTO SICILIAN LEMON YUZU 4.25
FROBISER ORANGE 3.75 | FROBISER APPLE 3.75 | BUNDABERG GINGER BEER 3.75

CHAMPAGNE & SPARKLING WINES

Glass Bottle

PROSECCO SPUMANTE, ERA ORGANIC, DOC TREVISO ITALY

9.50 45.00

CAMEL VALLEY SPARKLING ROSÉ, CORNWALL

71.00

Bob and Sam Lindo have won countless awards for their sparkling rosé grown just along the Camel River in Cornwall. We are immensely proud to have listed their wonderful fizz for the last 20 years.

HENRI FAVRE BRUT, CHAMPAGNE, FRANCE

63.00

RICK STEIN'S CHAMPAGNE BLANC DE BLANCS, FRANCE NV

15.00 68.00

WHITE WINE

Glass Carafe Bottle

VERMENTINO, LES ARCHÈRES, IGP PAYS D'OC, FRANCE 2021

7.00 18.60 26.00

Bright, crisp, and refreshing. I've wanted a good value Vermentino on our list for years. I'm thrilled to find one that over-delivers on flavour.

GROS MANSENG SAUVIGNON BLANC, DOMAINE HORGELUS, COTES DE GASGOGNE, FRANCE 2021

7.80 20.70 29.00

FIANO, LUNATE, SICILY ITALY 2020

8.40 22.10 31.00

RICK STEIN'S SPANISH WHITE, VERDEJO, GALICIA, SPAIN 2020

9.50 25.00 35.00

SAUVIGNON BLANC, WAIRUA RIVER, MARLBOROUGH, NEW ZEALAND 2021

11.10 29.30 41.00

CHENIN BLANC 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA 2021

35.00

RICK STEIN'S WHITE BURGUNDY, MÂCON, FRANCE 2020

13.80 36.40 51.00

This nutty, buttery, and complex wine is fleshy and ripe, but with a wonderful citrus freshness and a touch of oak. It's a fresh, thirst-quenching celebration for people who love the world's best Chardonnays. – Charlie

ROSÉ WINE

CHATEAUX BAUDUC ROSÉ, BORDEAUX, FRANCE 2021

9.70 25.70 36.00

LA TUFFEAU ROSÉ, FRANCE 2021

7.60 20.00 29.00

RED WINE

LES ARCHERES CARIGNAN, IGP PAYS DE L'HERAULT, FRANCE 2021

7.00 18.60 26.00

SANGIOVESE ERA IGT CANTINE VOLNI MARCHE ITALY 2020

7.30 19.30 27.00

RICK STEIN'S SPANISH RED, GARNACHA, CAMPO DE BORJA, SPAIN 2020

9.20 24.30 34.00

Rick and his son Charlie worked together to select this wine to match with the flavours he encountered on his journey through Spain. A delicious, juicy and ripe Spanish red.

RIOJA CRIANZA, AZABACHE, SPAIN 2018

9.20 24.30 34.00

MALBEC, PHEBUS, MENDOZA, ARGENTINA 2021

9.70 25.70 36.00