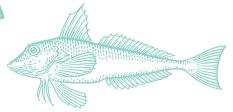




FISH & CHIPS



TAKEAWAY

STARTERS

Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal	6.95
Salt and pepper prawns served with a cucumber and	9.95
spinach salad with a soy and sesame dressing. 298 kcal	
Thai fish cakes sweet and sour cucumber dipping sauce. 1122 kcal	8.95

Scallops three scallops battered or grilled. Served with a cucumber and spinach salad and a soy and sesame dessing.

352 kcal | 209 kcal

FISH & CHIPS battered or grilled

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 822 kcal | 263 kcal 14.45

Cod 933 kcal | 460 kcal 15.95

One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.



Haddock 847 kcal 288 kcal	15.95
Lemon sole 1090 kcal 628 kcal	17.95
Sea bass 1080 kcal 528 kcal	17.95

GLUTEN

We have a batter available with no gluten containing ingredient, $\mbox{please ask our team}.$

SUMMER OF SHELLFISH

Half Cornish Lobster and chips this dish	32.95
includes a £1 donation to support The National Lobster	
Hatchery's. 1338 kcal	
Po' Boy Deep fried prawns served in a baguette with	10.95
lettuce and mayonnaise. 758 kcal	

Scampi breaded scampi, served with chips. 2961 kcal 15.95

Fish chilli burger with lettuce, red onion, tomato, 12.95 fresh chillies and chipotle relish mayonnaise in a brioche bun. 632 kcal

Halloumi burger with gem lettuce, tomato, 11.95 red onion and chipotle chilli relish. 995 kcal

Cornish jumbo pork sausages two sausages available battered or unbattered, with chips.

2240 kcal | 1873 kcal

CURRIES

Beef vindaloo with basmati rice. 855 kcal	13.95
Vegetarian chickpea curry with basmati rice 492 kcal	11.95
Add: Chapati 107 kcal 2.50 Poppadom 27 kcal 2.00 Mango chutney 61 kcal 2.25	

SALADS

Spinach and watercress salad soy and sesame dr	essing.	4.50
74 kcal		
Mixed leaf with fines herbes and a vinaignette dressing	367 kcal	3 50

SIDES

Chips Reg 3.95 Large 5.50 Reg 1006 kcal Large 1622 kcal	Aioli 365 kcal 2.00 Mushy peas 25 kcal 2.00
Chips with cheese 6.50 1415 kcal	Goan curry sauce 2.00
Chip butty 607 kcal 5.50	Scraps Free
Bread roll 102 kcal 1.25	Chapatis 107 kcal 2.00
Onion rings 548 kcal 3.75	Poppadoms 27 kcal 2.00
Gravy 37 kcal 2.00	Mango chutney 2.00
Tartare sauce 308 kcal 2.00	61 kcal
Mayonnaise 376 kcal 2.00	

KIDS

Scampi with chips 1356 kcal	7.50
Cod and chips available battered or grilled. 1811 kcal 651 kcal	7.50
Sausage and chips available battered or unbattered. 1534 kcal	7.50
Lemon sole gouions and chips 1630 kgal	7.50

DESSERTS

Our dessert pots are made here in Padstow to Rick's own recipes, choose from:

Salted caramel cheesecake 496 kcal / Mango and passionfruit	4.50
cheesecake 506 kcal / White chocolate and raspberry fool 324 kcal	
Mississippi mud pie 695 kcal	

Treleavens ice cream

Please ask our team for available flavours.

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



3 95

11.95