





# RICK STEIN

# FISH & CHIPS

See our specials board for today's catch

## **STARTERS**

Halloumi saganaki drizzled with honey, black
sesame seeds and oregano. 1003 kcal

Salt and pepper prawns served with a cucumber and 10.95

Thai fish cakes sweet and sour cucumber dipping sauce. 9.95

Scallops three scallops battered or grilled. Served with a cucumber and spinach salad and a soy and sesame dessing.

352 kcal | 209 kcal

# FISH & CHIPS battered or grilled

spinach salad with a soy and sesame dressing. 298kcal

#### served with tartare sauce

Cod 2335 kcal | 896 kcal

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 2175 kcal | 1418 kcal 18.50

One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.



1995

 Haddock
 2201 kcal | 1792 kcal
 19.95

 Lemon sole
 2241 kcal | 976 kcal
 20.95

 Sea bass
 2444 kcal | 1009 kcal
 20.95

# **GLUTEN**

We have a batter available with no gluten containing ingredient, please ask our team.

Scampi breaded scampi, served with chips. 2961 kcal 17.95

Fish chilli burger with lettuce, red onion, tomato, fresh chillies and a chipotle relish mayonnaise in a brioche bun, served with chips. 1042 kcal

Halloumi burger with gem lettuce, tomato, red onion 12.95 and chipotle chilli relish, served with chips. 995 kcal

Cornish jumbo pork sausages two sausages available battered or unbattered, with chips.

Battered 2240 kcal | Unbattered 1873 kcal

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



# SUMMER OF SHELLFISH

Half Cornish Lobster and chips During the summer Cornish lobsters are bountiful and deserve to be celebrated, so until 1st September we're offering lobster with fines herbes, chips and salad for a very special price – including a £1 donation to support the wonderful work of the National Lobster Hatchery. 1338 kcal

Po' Boy Deep fried prawns served in a brioche roll 10.95 with lettuce and mayonnaise. 758 kcal

# **CURRIES**

Vegetarian chickpea curry with basmati rice 492 kcal 13.95

#### SALADS

Spinach and watercress salad soy and sesame dressing. 5.00

Mixed leaf with fines herbes and a vinaignette dressing. 367kcal 4.00

# SIDES

Reg 3.95 | Large 5.50 Aioli 365 kcal Chips 2 2 5 Reg 1006 kcal | Large 1622 kcal Mushy peas 25 kcal Chips with cheese 6.50 Goan curry sauce 2.25 1415 kcal 53 kcal Chip butty 607 kcal 5.50 Free Scraps Bread roll 102 kcal 1.50 Chapatis 107 kcal 2.50 4.00 Onion rings 1548 kcal Poppadoms 27 kcal 2.00 Gravy 37 kcal 2.25 Mango chutney 2 2 5 Tartare sauce 308 kcal 2.00 61 kcal Mayonnaise 376 kcal 2.25

#### KIDS

Scampi and chips 1356 kcal 8.50
Cod and chips available battered or grilled. 1811 kcal | 651 kcal 8.50
Sausage and chips available battered or unbattered. 1534 kcal 8.50
Lemon sole goujons and chips 1630 kcal 8.50

#### **DESSERTS**

Dessert Pots made here in Padstow to Rick's own recipes,

choose from:

Salted caramel cheesecake 496 kcal / Mango and passionfruit cheesecake 506 kcal / White chocolate and raspberry fool 324 kcal Mississippi mud pie 695 kcal

Chocolate brownie with Cornish clotted cream 464 kcal 4.50

Treleavens ice cream 4.50

Please ask our team for available flavours.