



## APPETISERS

CUMIN COD FRITTERS  
with mayonnaise 6.00 (478Kcal)

HUMMUS FROM TARSUS  
with chilli oil and flat  
bread 5.50 (350Kcal)

PICKLED ANCHOVIES  
marinated anchovy fillets in sunflower oil  
5.00 (164Kcal)

BREAD AND OLIVES  
Coombeshead sourdough and marinated  
Kalamata olives 6.95 (1149Kcal)

## STARTERS

HALF PINT OF PRAWNS  
with sourdough bread and mayonnaise 12.95 (743Kcal)

SMOKED SALMON  
with brown bread and horseradish cream 14.95 (742Kcal)

GRILLED SCALLOPS  
with chilli, parsley, garlic, and lemon juice 15.95 (344Kcal)

VIETNAMESE CHICKEN SALAD  
with beansprouts, spring onion, mooli, cucumber, sesame seeds  
and peanuts 10.50 (204Kcal)

BAKED WHOLE CAMEMBERT FOR TWO  
with new potatoes, red onion pickle and grilled sourdough  
19.50 (1404Kcal)

BETROOT, CARROT, SHALLOT  
AND CUMIN FRITTERS  
with salad, yoghurt and coriander 8.00 (153Kcal)

DEVILLED KIDNEYS  
with mushrooms on grilled sourdough 9.95 (577Kcal)

COCKLE AND CLAM MASALA  
with coconut, ginger and green chillis 15.95 (293Kcal)

CHICKEN WINGS, TAMARIND  
AND CHILLI SAMBAL  
with mango, lime, and coriander 10.95 (404Kcal)

TOMATO AND CHILLI SOUP  
with tapenade and sourdough 8.50 (211Kcal)

DEVILLED KIDNEYS  
with mushrooms on grilled sourdough 9.95 (577Kcal)

CHARANTAIS MELON SALAD  
with cucumber, tomato and goat's cheese 10.95 (416 Kcal)

## MAINS

SCAMPI IN THE BASKET  
with chips and tartare sauce 17.95 (1956Kcal)

MOULES MARINIÈRE  
mussels with white wine, confit onion and parsley  
13.95 (940Kcal) (Starter, served with sourdough)  
21.95 (1372Kcal) (Main, served with chips)

DRESSED CRAB  
with mixed leaf salad, thin cut chips and mayonnaise  
26.95 (921Kcal)

LEMON SOLE GOUJONS  
with thin cut chips, mixed leaf salad and tartare sauce  
19.95 (2116Kcal)

GRILLED HAKE FILLET  
with spring onion mash and soy butter sauce  
27.95 (488 Kcal)

SAUSAGES AND MASH  
Cornish rare breed black pig sausages from Trerethern Farm,  
with mash and seasonal vegetables 17.95 (1913Kcal)

SPAGHETTI  
with courgettes, rosemary, mascarpone and garlic  
16.95 (1052Kcal)

100z RUMP STEAK  
from our Launceston butcher, Philip Warren.  
with rocket, tomato, shallot and thyme salad and chips 28.00  
(1328Kcal)  
Add: peppercorn sauce (368Kcal)  
bone marrow gravy (454Kcal) 3.95 (each)

GAMMON STEAK  
served with chips and fried eggs 17.95 (1846Kcal)  
Add: pineapple 1.00 (42 Kcal)

### CELEBRATING UNsung SEAFOOD

We're championing the unsung fish and shellfish  
of the British Isles, prepared in classic dishes you know and love.  
Discover something new...

STARTER: POTTED RAZOR CLAM BROWN SHRIMP  
our take on potted shrimp with the addition of razor clams in a mace  
and nutmeg butter with Coombeshead Farm sourdough 19.95

MAIN: STARGAZY PIE  
a Cornish classic where whole sardines poke out of the pastry  
topped pie that's filled with bacon, leeks and egg 19.95



PONDICHERY FISH CURRY  
a fragrant southern Indian curry with basmati rice 22.95 (812Kcal)  
**One Feeds Two** - every time you order hake curry, we  
donate a school meal to a child in poverty.

GOAN CHICKEN CURRY  
traditional recipe from Southern India, served with basmati rice  
22.95 (824Kcal)

CHICKPEA CURRY  
a fragrant curry with tomato and masala paste served with basmati  
rice 16.95 (637Kcal)

CORNISH ARMS HAMBURGER  
chuck and ribcap served with Monterey Jack cheese,  
mayonnaise, chipotle chilli relish and chips 18.50 (1171Kcal)

HALLOUMI BURGER  
with mayonnaise, chipotle chilli relish and chips 15.50 (1842Kcal)

CHICKEN BURGER  
with mayonnaise, chipotle chilli relish and chips 16.50 (1377Kcal)  
Add: blue cheese (321Kcal)  
bacon (105Kcal)  
Jalapeno peppers (0Kcal) 1.75 (each)

## SIDES

BUTTERED NEW POTATOES 4.95 (378Kcal) | THIN CUT CHIPS 4.95 (543Kcal) |  
GARDEN SALAD 4.95 (79Kcal) | ONION RINGS 4.95 (104Kcal)  
TENDERSTEM BROCCOLI WITH SHALLOTS 6.95 (306Kcal)

Delight friends and family with a Rick Stein gift card, redeemable in  
all our restaurants, rooms, cookery school, shops and online.

