



APPETISERS

CUMIN COD FRITTERS
with mayonnaise 6.00 (478Kcal)

HUMMUS FROM TARSUS
with chilli oil and flat
bread 5.50 (350Kcal)

PICKLED ANCHOVIES
marinated anchovy fillets in sunflower oil
5.00 (164Kcal)

BREAD AND OLIVES
Coombeshead sourdough and marinated
Kalamata olives 6.95 (1149Kcal)

STARTERS

HALF PINT OF PRAWNS
with sourdough bread and mayonnaise 12.95 (743Kcal)

SMOKED SALMON
with brown bread and horseradish cream 14.95 (742Kcal)

GRILLED SCALLOPS
with chilli, parsley, garlic, and lemon juice 15.95 (344Kcal)

BAKED WHOLE CAMEMBERT FOR TWO
with new potatoes, red onion pickle and grilled sourdough
19.50 (1404Kcal)

VIETNAMESE CHICKEN SALAD
with beansprouts, spring onion, mooli, cucumber, sesame seeds and
peanuts 10.50 (204Kcal)

BEETROOT, CARROT, SHALLOT
AND CUMIN FRITTERS
with salad, yoghurt and coriander 8.00 (153Kcal)

CHICKEN WINGS, TAMARIND
AND CHILLI SAMBAL
with mango, lime, and coriander 10.95 (404Kcal)

TOMATO AND CHILLI SOUP
with tapenade and sourdough 8.50 (211Kcal)

DEVILLED KIDNEYS
with mushrooms on grilled sourdough 9.95 (577Kcal)

CHARANTAIS MELON SALAD
with cucumber, tomato and goat's cheese 10.95 (416 Kcal)

MAINS

SCAMPI IN THE BASKET
with chips and tartare sauce 17.95 (1956Kcal)

MOULES MARINIÈRE
mussels with white wine, confit onion and parsley
13.95 (940Kcal) (Starter, served with sourdough)
21.95 (1372Kcal) (Main, served with chips)

DRESSED CRAB
with mixed leaf salad, thin cut chips and mayonnaise
26.95 (921Kcal)

LEMON SOLE GOUJONS
with thin cut chips, mixed leaf salad and tartare sauce
19.95 (2116Kcal)

HAKE ALLA CARLINA
with tomato, capers and new potatoes 26.95 (727Kcal)

SPAGHETTI
with courgettes, rosemary and mascarpone 16.95 (1052Kcal)

SAUSAGES AND MASH
Cornish rare breed black pig sausages from Trerethern Farm,
with mash and seasonal vegetables 17.95 (1913Kcal)

10Oz RUMP STEAK
from our Launceston butcher, Philip Warren.
with rocket, tomato, shallot and thyme salad and chips 28.00
(1328Kcal)
Add: peppercorn sauce (368Kcal)
bone marrow gravy (454Kcal) 3.95 (each)

GAMMON STEAK
served with chips and fried eggs 17.95 (1846Kcal)
Add: pineapple 1.00 (42 Kcal)

CHICKPEA CURRY
a fragrant curry with tomato and masala paste served with basmati
rice 16.95 (637Kcal)

PONDICHERRY FISH CURRY
a fragrant southern Indian curry with basmati rice 22.95 (812Kcal)
One Feeds Two - every time you order hake curry, we donate
a school meal to a child in poverty.

GOAN CHICKEN CURRY
traditional recipe from Southern India, served with basmati rice
22.95 (824Kcal)

CORNISH ARMS HAMBURGER
chuck and ribcap served with Monterey Jack cheese,
mayonnaise, chipotle chilli relish and chips 18.50 (1171Kcal)

HALLOUMI BURGER
with mayonnaise, chipotle chilli relish and chips 15.50 (1842Kcal)

CHICKEN BURGER
with mayonnaise, chipotle chilli relish and chips 16.50 (1377Kcal)

Add: blue cheese (321Kcal)
bacon (105Kcal)
Jalapeno peppers (0Kcal) 1.75 (each)

SIDES

BUTTERED NEW POTATOES 4.95 (378Kcal) | THIN CUT CHIPS 4.95 (543Kcal)
| GARDEN SALAD 4.95 (79Kcal) | ONION RINGS 4.95 (104Kcal)
TENDERSTEM BROCCOLI WITH SHALLOTS 6.95 (306Kcal)

Delight friends and family with a Rick Stein gift card,
redeemable in all our restaurants, rooms,
cookery school, shops and online.

