

COD FRITTERS WITH CUMIN

and mayonnaise 5 (478Kcal)

**HUMMUS FROM TARSUS** 

with chilli oil and flat bread 4.50 (350Kcal)

PICKLED ANCHOVIES

marinated anchovy fillets in sunflower oil 5 (164Kcal)

BREAD AND OLIVES

Coombeshead Farm sourdough and marinated Kalamata olives 6.50 (1149Kcal)

**SMOKED SALMON** 

with sourdough bread and horseradish cream 14.95 (539Kcal)

CRISPY SMOKED MACKEREL SALAD

with mango, shallots, carrots, peanuts, basil and chilli 9.95 (561Kcal)

**GREMOLATA PRAWNS** 

with salad and mayonnaise 12.95 (1107Kcal)

**GRILLED SCALLOPS** 

with soy, ginger and coriander 15.95 (138Kcal)

**IACK STEIN'S SCOTCH EGG** 

with a mixed green salad and piccalilli 8.95 (319Kcal)

**DEVILLED KIDNEYS** 

with mushrooms on grilled sourdough 9.95 (577Kcal)

CHICKEN WINGS, TAMARIND AND CHILLI SAMBAL

with mango, lime, and coriander 10.95 (404Kcal)

PEA AND POTATO SOUP

with horseradish and sourdough 8.50 (462Kcal)

BEETROOT, CARROT AND CUMIN FRITTERS

with salad, yoghurt and coriander 8.00 (153Kcal)

BAKED WHOLE CAMEMBERT FOR TWO

with new potatoes, pickle, grilled sourdough and beetroot chutney 19.50 (1404Kcal)

MAINS

SCAMPI IN A BASKET

with chips and tartare sauce 17.95 (1956Kcal)

BATTERED HADDOCK AND CHIPS

with tartare sauce and mushy peas 19.95 (1160Kcal)

PONDICHERRY HAKE CURRY

a fragrant southern Indian curry with basmati rice 22.95 (698Kcal) One Feeds Two - every time you order hake curry we donate

a school meal to a child in poverty.

WEST COUNTRY MUSSELS

with cider and wild garlic 13.95 (940Kcal) Starter, served with sourdough 21.95 (1348Kcal) Main, served with chips

10OZ PORK CHOP

caper and cider butter sauce, rocket, new potatoes 19.95 (Kcal1411)

CHICKEN BURGER

with mayonnaise, chipotle chilli relish and chips 16.50 (1059Kcal)

Add: bacon (247Kcal) | blue cheese (321Kcal) Jalapeno peppers (0Kcal) 1 (each)

CORNISH ARMS HAMBURGER

chuck and ribcap served with Monterey Jack cheese, mayonnaise, chipotle chilli relish and chips 18.50 (1171Kcal)

SAUSAGES AND MASH

Cornish rare breed black pig sausages from Trerethern Farm, with mash and seasonal vegetables 17.95 (1913Kcal)

10OZ RUMP STEAK

from our Launceston butcher, Philip Warren. with rocket, tomato, shallot and thyme salad and chips 28 (1042Kcal)

> Add: peppercorn sauce (368Kcal) bone marrow gravy (454Kcal) 3 (each)

SEA BASS FILLETS

with hot sweet chilli sauce, served with pak choi and cashew nuts 28.95 (1138Kcal)

> HAKE WITH BEER, BACON AND SAVOY CABBAGE 26.95 (608Kcal)

> > **BEEF RENDANG**

hot and spicy with coconut, tamarind and palm sugar, served with basmati rice 19.95 (446Kcal)

**SPAGHETTI** 

with courgettes, rosemary and mascarpone 19.95 (352Kcal)

EGG ROAST EN ROUTE TO THEKKADY

a fragrant curry with red masala flavoured with Kashmiri chillies, tomato and coconut oil served with basmati rice 16.95 (1697Kcal)

SIDES

BUTTERED NEW POTATOES 4.95 (378Kcal) | THIN CUT CHIPS 4.95 (543Kcal) | MIXED LEAF SALAD 4.95 (79Kcal) ONION RINGS 4.95 (104Kcal) | ASPARAGUS WITH OLIVE OIL AND PACARINO 7.95 (136kcal) TENDERSTEM BROCCOLI WITH SHALLOTS 6.95 (Kcal)

3 COURSES 17.50 | MONDAY TO FRIDAY | 12PM -5PM

MACKEREL SALAD with fennel, thyme, sun-dried tomatoes and sherry vinegar

CHICKEN HOLSTEIN, with sautéed potatoes, anchovies and fried egg

WALNUT TART with crème fraîche

THE CORNISH ARMS A discretionary service charge of 12.5% will be added to your bill.



# **DESSERTS**

STICKY TOFFEE PUDDING with clotted cream

8.95 (1056Kcal)

VANILLA CHEESECAKE with a berry compote

7.95 (481Kcal)

CHOCOLATE BROWNIE with raspberry ripple ice cream

APPLE CRUMBLE with vanilla ice cream

7.95 (843Kcal)

WHITE CHOCOLATE AND RASPBERRY FOOL POT

7.95 (324Kcal)

#### TRELEAVENS CORNISH ICE CREAMS

7.50

chocolate (206Kcal) | strawberry (193Kcal) | vanilla (192Kcal)

salted caramel (204Kcal) | raspberry ripple (170Kcal)

TRELEAVENS CORNISH SORBETS

7.50

mango (260Kcal) | raspberry (103Kcal) | ruby orange (151Kcal) |lemon and lime (116 Kcal)

## COLSTON BASSETT STILTON AND 5 YEARS OLD VINTAGE

CHEDDAR with walnuts, honey and biscuits 9.95 (441Kcal)

## AFTER DINNER DRINKS

MONBAZILLAC, DOMAINE DE GRANGE NEUVE, FRANCE 2019 6.95 (100ml)

GRAHAM'S LBV PORT 3.70 (50ml)

LIMONCELLO 4.50 (25ml)

SUNTORY TOKI BLENDED JAPANESE WHISKY 9.50 (25ml)

#### ORIGIN COFFEE

Americano | Macchiato | Flat White Cappuccino | Café Latte 4.00 Espresso 3.50

ADD A SHOT OF SYRUP 0.50

Caramel, Gingerbread, Hazelnut or Vanilla

### BIRCHALL TEA 3.75

English Breakfast | Earl Grey | Peppermint Green Tea | Camomile | Fresh Mint Green Tea and Peach | Red Berry Lemongrass and Ginger

A discretionary 12.5% service charge will be added to all tables. Please ask for information on allergens.