



COD FRITTERS WITH CUMIN with mayonnaise 5.00 (478Kcal)	HUMMUS FROM TARSUS with chilli oil and flat bread 4.50 (350Kcal)	PICKLED ANCHOVIES marinated anchovy fillets in sunflower oil 5.00 (164Kcal)	BREAD AND OLIVES Coombeshead sourdough and marinated Kalamata olives 6.50 (1149Kcal)
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STARTERS

SMOKED SALMON with sourdough bread and horseradish cream 14.95 (539Kcal)	GRILLED SCALLOPS with soy, ginger and coriander 15.95 (138Kcal)	PEA AND POTATO SOUP with horseradish and sourdough 8.50 (462Kcal)
CRISPY SMOKED MACKEREL SALAD with mango, shallots, carrots, peanuts, basil and chilli 9.95 (561Kcal)	JACK STEIN’S SCOTCH EGG with a mixed green salad and piccalilli 8.95 (319Kcal)	BEETROOT, CARROT AND CUMIN FRITTERS with salad, yoghurt and coriander 8.00 (153Kcal)
GREMOLATA PRAWNS with salad and mayonnaise 12.95 (1107Kcal)	DEVILLED KIDNEYS with mushrooms on grilled sourdough 9.95 (577Kcal)	BAKED WHOLE CAMEMBERT FOR TWO with new potatoes, pickle, grilled sourdough and beetroot chutney 19.50 (1404Kcal)
	CHICKEN WINGS, TAMARIND AND CHILLI SAMBAL with mango, lime, and coriander 10.95 (404Kcal)	

MAINS

SCAMPI IN A BASKET with chips and tartare sauce 17.95 (1956Kcal)	CHICKEN BURGER with mayonnaise, chipotle chilli relish and chips 16.50 (1059Kcal) Add: bacon (247Kcal) blue cheese (321Kcal) jalapeno peppers (0Kcal) 1.00 (each)	MUMREZ KHAN’S LAMB AND SPINACH KARAHI CURRY north Indian lamb karahi, fresh green chilli and coriander with basmati rice 22.95 (525Kcal)
PONDICHERRY COD CURRY a fragrant southern Indian curry with basmati rice 22.95 (698Kcal) One Feeds Two - every time you order cod curry we donate a school meal to a child in poverty.	CORNISH ARMS HAMBURGER chuck and ribcap served with Monterey Jack cheese, mayonnaise, chipotle chilli relish and chips 18.50 (1171Kcal)	10Oz RUMP STEAK from our Launceston butcher, Philip Warren. with rocket, tomato, shallot and thyme salad and chips 28.00 (1042Kcal) Add: peppercorn sauce (368Kcal) bone marrow gravy (454Kcal) 3.00 (each)
WEST COUNTRY MUSSELS with cider and wild garlic 13.95 (940Kcal) Starter, served with sourdough 21.95 (1348Kcal) Main, served with chips	HAM EGG & CHIPS with piccalilli, and St Ewe rich yolk egg 16.95 (1300Kcal)	BUTTERNUT SQUASH RISOTTO with pumpkin seeds, sage, and brown butter 14.95 (486Kcal)
BAKED SEA BREAM ROTA STYLE with sauteed potatoes 26.95 (214Kcal)	SAUSAGES AND MASH traditional sausages from the Tywardreath butchers, with mash and seasonal vegetables 16.95 (1913Kcal)	HALLOUMI BURGER with mayonnaise, chipotle chilli relish and chips 15.50 (1171Kcal)
PIRI PIRI CHICKEN with chips, mixed leaf salad and mayonnaise 18.95 (2136Kcal)	SHEPHERD’S PIE As seen on Rick Stein’s Food Stories, this is a Stein family recipe from his mum, Dorothy 19.95 (677Kcal)	VEGETABLE GOAN CURRY spinach, fine beans, broccoli, and red pepper, with basmati rice 15.95 (525Kcal)

SIDES

BUTTERED NEW POTATOES 4.95 (378Kcal) | THIN CUT CHIPS 4.95 (543Kcal) | MIXED LEAF SALAD 4.95 (79Kcal)
ONION RINGS 4.95 (104Kcal) | ROASTED BEETROOT WITH CHILLI OIL 4.95 (177Kcal)
TENDERSTEM BROCCOLI, TOPPED WITH FLAKED ALMONDS AND RANCH DRESSING 6.95 (286Kcal)

3 COURSES 17.50 MONDAY TO FRIDAY 12PM –5PM		
LOCH DUART SALMON, marinated with passion fruit, lime and coriander (167Kcal)	FRENCH BURGER, topped with melted Camembert, caramelised onion and thin cut chips (1171Kcal)	LEMON SEMI FREDO with berry compote (159Kcal)

Please ask for information on allergens.

THE CORNISH ARMS

A discretionary service charge of 12.5% will be added to your bill.

Pink Stein

DESSERTS

STICKY TOFFEE PUDDING with clotted cream	8.95 (1056Kcal)
VANILLA CHEESECAKE with a berry compote	7.95 (481Kcal)
CHOCOLATE BROWNIE with raspberry ripple ice cream	7.95 (217Kcal)
APPLE CRUMBLE with vanilla ice cream	7.95 (843Kcal)
WHITE CHOCOLATE AND RASPBERRY FOOL POT	7.95 (324Kcal)

TRELEAVENS CORNISH ICE CREAMS 7.50

chocolate (206Kcal) | strawberry (193Kcal) | vanilla (192Kcal)
salted caramel (204Kcal) | raspberry ripple (170Kcal)

TRELEAVENS CORNISH SORBETS 7.50

mango (260Kcal) | raspberry (103Kcal) | ruby orange (151Kcal) | lemon and lime (116 Kcal)

COLSTON BASSETT STILTON AND 5 YEARS OLD VINTAGE
CHEDDAR with walnuts, honey and biscuits 9.95 (441Kcal)

AFTER DINNER DRINKS

MONBAZILLAC, DOMAINE DE GRANGE NEUVE, FRANCE 2019
6.95 (100ml)

GRAHAM'S LBV PORT 3.70 (50ml)

LIMONCELLO 4.50 (25ml)

SUNTORY TOKI BLENDED JAPANESE WHISKY 9.50 (25ml)

ORIGIN COFFEE

Americano | Macchiato | Flat White
Cappuccino | Café Latte 4.00
Espresso 3.50

ADD A SHOT OF SYRUP 0.50

Caramel, Gingerbread, Hazelnut or Vanilla

BIRCHALL TEA 3.75

English Breakfast | Earl Grey | Peppermint
Green Tea | Camomile | Fresh Mint
Green Tea and Peach | Red Berry
Lemongrass and Ginger

A discretionary 12.5% service charge will be added to all tables.
Please ask for information on allergens.