CUMIN COD FRITTERS with mayonnaise 5.00 (478Kcal)

HUMMUS FROM TARSUS with chilli oil and flatbread 4.50 (350Kcal) PICKLED ANCHOVIES marinated anchovy fillets in sunflower oil 5.00 (164Kcal) BREAD AND OLIVES Coombeshead sourdough and marinated Kalamata olives 6.50 (1149Kcal)

RICK STEIN'S SMOKED SALMON with brown bread and horseradish cream 14.95 (539Kcal)

CRISPY SMOKED MACKEREL SALAD with mango, shallots, carrots, peanuts, basil and chilli 9.95 (561Kcal)

GREMOLATA PRAWNS with salad and mayonnaise 12.95 (1107Kcal)

SCAMPI IN THE BASKET with chips and tartare sauce 17.95 (1956Kcal)

BATTERED HADDOCK AND CHIPS

with tartare sauce and mushy peas 19.95 (1160Kcal)

PONDICHERRY HAKE CURRY

a fragrant southern Indian curry with basmati rice 22.95 (698Kcal)

One Feeds Two - every time you order hake curry, we

donate a school meal to a child in poverty.

WEST COUNTRY MUSSELS

with cider and wild garlic

13.95 (940Kcal) Starter, served with sourdough

21.95 (1348Kcal) Main, served with chips

SEA BASS FILLETS

with hot sweet chilli sauce, served with pak choi and cashew nuts 28.95 (1138Kcal)

STARTERS JACK STEIN'S SCOTCH EGG with a mixed green salad and piccalilli 8.95 (319Kcal)

BAKED WHOLE CAMEMBERT FOR TWO with new potatoes, red onion pickle and grilled sourdough 19.50 (1404Kcal)

DEVILLED KIDNEYS with mushrooms on grilled sourdough 9.95 (577Kcal)

GRILLED SCALLOPS with soy, ginger and coriander 15.95 (138Kcal) PEA AND POTATO SOUP with horseradish and sourdough 8.50 (462Kcal)

BEETROOT, CARROT, SHALLOT AND CUMIN FRITTERS with salad, yogurt and coriander 8.00 (153Kcal)

CHICKEN WINGS, TAMARIND AND CHILLI SAMBAL with mango, lime, and coriander 10.95 (404Kcal)

MAINS

HAKE FILLET with beer, bacon and savoy cabbage 26.95 (608Kcal)

CHICKEN BURGER with mayonnaise, chipotle chilli relish and chips 16.50 (1059Kcal)

CORNISH ARMS HAMBURGER chuck and ribcap served with Monterey Jack cheese, mayonnaise, chipotle chilli relish and chips 18.50 (1171Kcal)

> Add: blue cheese (321Kcal) bacon (105Kcal) Jalapeno peppers (0Kcal) 1.00 (each)

SAUSAGES AND MASH

Cornish rare breed black pig sausages from Trerethern Farm, with mash and seasonal vegetables 17.95 (1913Kcal)

BEEF RENDANG

hot and spicy with coconut, tamarind and palm sugar, served with basmati rice 19.95 (446Kcal)

100z RUMP STEAK

from our Launceston butcher, Philip Warren. with rocket, tomato, shallot and thyme salad and chips 28.00 (1042Kcal) Add: peppercorn sauce (368Kcal) bone marrow gravy (454Kcal) 3.00 (each)

EGG ROAST EN ROUTE TO THEKKADY

a fragrant curry with red masala flavoured with Kashmiri chillies, tomato and coconut oil served with basmati rice 16.95 (1697Kcal)

SPAGHETTI

with courgettes rosemary and mascarpone 19.95 (352Kcal)

SIDES

BUTTERED NEW POTATOES 4.95 (378Kcal) | THIN CUT CHIPS 4.95 (543Kcal) | MIXED LEAF SALAD 4.95 (79Kcal) ONION RINGS 4.95 (104Kcal) | ASPARAGUS WITH OLIVE OIL AND PECORINO 7.95 (136Kcal) TENDERSTEM BROCCOLI WITH SHALLOTS 6.95 (306Kcal)

3 COURSES 17.50 | MONDAY TO FRIDAY | 12PM – 5PM

SALAD OF MACKEREL FILLET with sundried tomato and fennel seeds (279Kcal)

CHICKEN HOLSTEIN with a fried egg and caper and lemon herb dressing (889Kcal)

WALNUT TART with Cornish clotted cream (613Kcal)

Please ask for information on allergens. 12.5% will be added to your bill

THE CORNISH ARMS

A discretionary service charge of

hik Dein

DESSERTS	
STICKY TOFFEE PUDDING with clotted cream	8.95 (1056Kcal)
VANILLA CHEESECAKE with a berry compote	7.95 (481Kcal)
CHOCOLATE BROWNIE with raspberry ripple ice cream	7.95 (217Kcal)
APPLE CRUMBLE with vanilla ice cream	7.95 (843Kcal)
WHITE CHOCOLATE AND RASPBERRY FOOL POT	7.95 (324Kcal)
TRELEAVENS CORNISH ICE CREAMS	7.50
chocolate (206Kcal) strawberry (193Kcal) vanilla (192Kcal)	
salted caramel (204Kcal) raspberry ripple (170Kcal)	
TRELEAVENS CORNISH SORBETS	7.50
mango (260Kcal) raspberry (103Kcal) ruby orange (151Kcal) lemon and lime (116 Kcal)	
COLSTON BASSETT STILTON AND 5 YEARS OLD VINTAGE	
CHEDDAR with walnuts, honey and biscuits 9.95 (441Kcal)	

AFTER DINNER DRINKS

MONBAZILLAC, DOMAINE DE GRANGE NEUVE, FRANCE 2019 6.95 (100ml) GRAHAM'S LBV PORT 3.70 (50ml) LIMONCELLO 4.50 (25ml) SUNTORY TOKI BLENDED JAPANESE WHISKY 9.50 (25ml)

ORIGIN COFFEE

Americano | Macchiato | Flat White Cappuccino | Café Latte 4.00 Espresso 3.50 ADD A SHOT OF SYRUP 0.50 Caramel, Gingerbread, Hazelnut or Vanilla

BIRCHALL TEA 3.75

English Breakfast | Earl Grey | Peppermint Green Tea | Camomile | Fresh Mint Green Tea and Peach | Red Berry Lemongrass and Ginger

A discretionary 12.5% service charge will be added to all tables. Please ask for information on allergens.