



CUMIN COD FRITTERS
with mayonnaise 6.00 (478Kcal)

HUMMUS FROM TARSUS
with chilli oil and flat
bread 4.50 (350Kcal)

PICKLED ANCHOVIES
marinated anchovy fillets in sunflower oil
5.00 (164Kcal)

BREAD AND OLIVES
Coombeshead sourdough and marinated
Kalamata olives 6.50 (1149Kcal)

STARTERS

HALF PINT OF PRAWNS
with sourdough bread and mayonnaise 12.95 (743Kcal)

BAKED WHOLE CAMEMBERT FOR TWO
with new potatoes, red onion pickle and grilled sourdough
19.50 (1404Kcal)

CHICKEN WINGS, TAMARIND
AND CHILLI SAMBAL
with mango, lime, and coriander 10.95 (404Kcal)

SMOKED SALMON
with brown bread and horseradish cream 14.95 (742Kcal)

VIETNAMESE CHICKEN SALAD
with beansprouts, spring onion, mooli, cucumber, sesame seeds
and peanuts 10.50 (204Kcal)

TOMATO AND CHILLI SOUP
with tapenade and sourdough 7.50 (211Kcal)

GRILLED SCALLOPS
with garlic, chilli, and parsley 15.95 (375Kcal)

DEVILLED KIDNEYS
with mushrooms on grilled sourdough 9.95 (577Kcal)

SUMMER OF SHELLFISH

COCKLE AND CLAM MASALA
with coconut, ginger and green chillis 15.95 (293Kcal)

BEETROOT, CARROT, SHALLOT
AND CUMIN FRITTERS
with salad, yogurt and coriander 8.00 (153Kcal)

CHARANTAIS MELON SALAD
with cucumber, tomato and goat's cheese 10.95 (416 Kcal)

MAINS

SCAMPI IN THE BASKET
with chips and tartare sauce 17.95 (1956Kcal)

SAUSAGES AND MASH

Cornish rare breed black pig sausages from Trerethern Farm,
with mash and seasonal vegetables 17.95 (1913Kcal)

PONDICHERY FISH CURRY
a fragrant southern Indian curry with basmati rice 22.95 (812Kcal)
One Feeds Two - every time you order hake curry, we donate a
school meal to a child in poverty.

MOULES MARINIÈRE
mussels with white wine, confit onion and parsley
13.95 (940Kcal) (Starter, served with sourdough)
21.95 (1372Kcal) (Main, served with chips)

100z RUMP STEAK

from our Launceston butcher, Philip Warren.
with rocket, tomato, shallot and thyme salad and chips 28.00
(1328Kcal)

BEEF VINDALOO

Traditional recipe from Goa using beef shin.
Served with basmati rice 22.95 (855Kcal)

DRESSED CRAB
with mixed leaf salad, thin cut chips and mustard mayonnaise
26.95 (921Kcal)

Add: peppercorn sauce (368Kcal)
bone marrow gravy (454Kcal) 3.95 (each)

CHICKPEA CURRY

a fragrant curry with tomato and masala paste served with basmati
rice 16.95 (492Kcal)

LEMON SOLE GOUJONS

with thin cut chips, mixed leaf salad and tartare sauce
19.95 (2116Kcal)

CORNISH ARMS HAMBURGER

chuck and ribcap served with Monterey Jack cheese,
mayonnaise, chipotle chilli relish and chips 18.50 (1171Kcal)

HAKE FILLET

with beer, bacon and savoy cabbage 26.95 (727Kcal)

SUMMER OF SHELLFISH

CORNISH GRILLED LOBSTER

During the summer Cornish lobsters are bountiful and deserve
to be celebrated, so until 1st September we're offering lobster
with fines herbes, thin cut chips and salad for a very special
price – including a £ 1 donation to support the wonderful
work of the National Lobster Hatchery.
39.95 (1710Kcal)



HALLOUMI BURGER

with mayonnaise, chipotle chilli relish and chips 15.50 (1171Kcal)

GAMMON STEAK

served with chips and fried eggs 17.95 (1172 Kcal)
Add: pineapple 1.00 (42 Kcal)

CHICKEN BURGER

with mayonnaise, chipotle chilli relish and chips 16.50 (1377Kcal)

SPAGHETTI

with courgettes rosemary and mascarpone 16.95 (352Kcal)

Add: blue cheese (321Kcal)

bacon (105Kcal)

Jalapeno peppers (0Kcal) 1.75 (each)

SIDES

BUTTERED NEW POTATOES 4.95 (378Kcal) | THIN CUT CHIPS 4.95 (543Kcal)
| GARDEN SALAD 4.95 (79Kcal) | ONION RINGS 4.95 (104Kcal)
TENDERSTEM BROCCOLI WITH SHALLOTS 6.95 (306Kcal)

Delight friends and family with a Rick Stein gift card,
redeemable in all our restaurants, rooms,
cookery school, shops and online.

