FISH & CHIPS

COD small 11.95 1788 kcal | regular 16.95 2287 kcal



One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.

BREAM 14.95 2326 kcal

HAKE 15.95 2175kgd

HADDOCK 16.95 2201 kgal

SCAMPI 16.95 1818 kcal

LEMON SOLE 17.95 2241 kcal

GRILLED FISH

All served with chips or spinach and watercress salad.

BREAM 14.95 1025 kcal Similar to sea bass, with a slightly sweet taste.

HAKE 15.95 1271 kcal My favourite white fish with soft flakes and full flavour.

HADDOCK 16.95 1162 kcal A great alternative to cod, with lighter flakes.

COD 15.95 896 kcal A medium sweet flavour with firm flakes.

SALMON 15.95 1077 kcal Loch Duart salmon, best served grilled.

LEMON SOLE 17.95 976 kcal A mild flavour with small and soft flakes.

TACOS NEW

Corn tortilla, tomato, jalapeño, guacamole, sour cream Cholula chilli sauce, coriander and lime.

One taco | Two tacos

BEEF BARBACOA

5.95 219 kcal | 10.00 386 kcal

FISH 6.95 238 kcal | 11.00 477 kcal

PRAWN 8.95 195 kcal | 15.00 390 kcal

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online





*(VG) Vegan

Vegetarian

FAMILY FEAST 45, 8266 kgal

A platter that's perfect to share for two adults and two children.

Battered lemon sole goujons, cod bites, scampi, halloumi saganaki, chips, spinach and watercress salad, mayonnaise, tartare sauce and gravy.

BURGERS

All our burgers come in a glazed brioche bun with gem lettuce, tomato, red onion, mayo and chipotle chilli relish. Served with chips.

FISH CHILLI BURGER 13.95 1042 kcal

HALLOUMI BURGER 13.95 995 kcal

CHICKEN BURGER 13.95 931 kcal Chicken in panko breadcrumbs with kimchi.

BEEF BURGER 12.95 1171 kcal Add: Bacon 133 kcal | Cheese 408 kcal | Onion Rings 273 kcal 1.00 (each)

CORNISH PORK SAUSAGES

12.95 Battered 2240 kcal | Unbattered 1873 kcal Two sausages available battered or unbattered. Served with chips.

ASIAN

PAD THAI NOODI FS 12.95 1149 kgal A delicate balance of chicken and prawns with soft noodles, the crunch of peanuts and beansprouts and flavours of sweet, salt, hot and sour.

NASI GORENG 13.95 750 kcal An Indonesian inspired dish of egg fried rice, barbecued chicken, prawns, lime and sugar.

CURRY

and cashew nuts.

All our curries are served with basmati rice and crispy onion and chilli garnish.

VEGETABLE PONDICHERRY CURRY (VG) 13.95 310kcal With green beans, cauliflower, peas, potatoes

GOAN CHICKEN CURRY 14.95 692 kcal

With coconut, coriander, tomato and chilli,

BFFFRFNDANG 14.95 609 kgal Hot and spicy with coconut, tamarind and palm sugar.

MEEN KULAMBU COD CURRY 15.95 818 kcal A fragrant curry from southern India.

Add:

Poppadoms 2.20 271 kcal | Chapati 2.50 107 kcal Lime Pickle 94 kcal | Mango Chutney 60 kcal Cucumber & Mint Raita 15 kcal 2.00 (each)

SIDES & SAUCES

MUSHY PEAS 2.00 25 kgal

GOAN CURRY SAUCE 2.00 52 kgal

CHIPS 3.95 1006 kcal

CHEESY CHIPS 6.25 1415 kcal

ONION RINGS 3.75 548 kcal

BREAD ROLL 1.50 102 kcal

GRAVY 2.00 37 kcal

SAUSAGE 4.75 battered or unbattered 1119 kcal | 951 kcal

SPINACH AND WATERCRESS SALAD 4.00 74 kcal

CHIPBUTTY 5.00 607 kcgl

SALT AND PEPPER PRAWNS 8.95 531 kcal With a cucumber and spinach salad, and a soy and sesame dressing.

CHICKEN WINGS, TAMARIND AND CHILLI SAMBAL 9.95 404 kcal With mango, lime, and coriander.

Sauces made by our chefs to Rick's recipes. 2.00 each

TARTARE SAUCE 308 kcal

MAYONNAISE 376 kcal

AIOII 365 kgd

CHIPOTLE MAYONNAISE 272 kcal

KIDS all 6.95

All served with chips or rice.

COD & CHIPS 1811 kcal | SCAMPI 1342 kcal

SAUSAGE 1534 kcal | GRILLED COD 651 kcal

VEGETABLE CURRY 693 kcal

SALMON FISHCAKES 1021 kgal

DFSSFRTS = 114.50

SALTED CARAMEL CHEESECAKE 496kcal

MISSISSIPPI MUD PIE 695kcal

MANGO AND PASSION FRUIT CHEESECAKE 506kcal

WHITE CHOCOLATE AND RASPBERRY FOOL 324kcal

TRELEAVENS CORNISH **ICE CREAM**

Ask for today's choices One scoop 226 kcal | Two scoops 394 kcal