

SUMMER OF SHELLFISH

As part of our Summer of Shellfish we're celebrating fantastic Cornish crab.

DRESSED CORNISH CRAB

26.95 921kcal

with mixed leaf salad, chips and mayonnaise.

FISH & CHIPS

COD small 12.95 1788kcal | regular 17.95 2287kcal



One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.

BREAM 14.95 2326kcal

HAKE 16.50 2175kcal

HADDOCK 17.95 2201kcal

SCAMPI 17.95 1818kcal

LEMON SOLE 19.95 2241kcal

GRILLED FISH

All served with chips or spinach and watercress salad.

BREAM 14.95 1025kcal

Similar to sea bass, with a slightly sweet taste.

HAKE 16.50 1271kcal

My favourite white fish with soft flakes and full flavour.

HADDOCK 17.95 1162kcal

A great alternative to cod, with lighter flakes.

COD 17.95 896kcal

A medium sweet flavour with firm flakes.

LEMON SOLE 19.95 976kcal

A mild flavour with small and soft flakes.

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



*(V) Vegetarian
*(VG) Vegan

BURGERS

All our burgers come in a glazed brioche bun with gem lettuce, tomato, red onion, mayo and chipotle chilli relish. Served with chips.

FISH CHILLI BURGER 14.00 1042kcal

HALLOUMI BURGER 14.00 995kcal

BEEF BURGER 14.00 1171kcal

Add: Bacon 133kcal | Cheese 408kcal |

Onion Rings 273kcal 1.00 (each)

CORNISH PORK SAUSAGES

13.95 Battered 2240kcal | Unbattered 1873kcal

Two sausages available battered or unbattered. Served with chips.

ASIAN

PAD THAI NOODLES 14.00 1149kcal

A delicate balance of chicken and prawns with soft noodles, the crunch of peanuts and beansprouts and flavours of sweet, salt, hot and sour.

NASI GORENG 14.50 750kcal

An Indonesian inspired dish of egg fried rice, barbecued chicken, prawns, lime and sugar.

CURRY

All our curries are served with basmati rice and crispy onion and chilli garnish.

VEGETABLE PONDICHERRY CURRY (VG) 13.95 310kcal

With green beans, cauliflower, peas, potatoes and cashew nuts.

GOAN CHICKEN

CURRY 14.95 692kcal

With coconut, coriander, tomato and chilli.

BEEF RENDANG 15.95 609kcal

Hot and spicy with coconut, tamarind and palm sugar.

MEEN KULAMBU

COD CURRY 15.95 818kcal

A fragrant curry from southern India.

Add:

Poppadoms 2.20 271kcal | Chapati 2.50 107kcal

Lime Pickle 94kcal | Mango Chutney 60kcal

2.00 (each)

SIDES & SAUCES

MUSHY PEAS 2.00 25kcal

GOAN CURRY SAUCE 2.00 52kcal

CHIPS 3.95 1006kcal

CHEESY CHIPS 6.50 1415kcal

ONION RINGS 4.00 548kcal

BREAD ROLL 1.50 102kcal

GRAVY 2.00 37kcal

SAUSAGE 4.75

battered or unbattered 1119kcal | 951kcal

SPINACH AND

WATERCRESS SALAD 4.00 74kcal

CHIP BUTTY 5.50 607kcal

SALT AND

PEPPER PRAWNS 10.95 531kcal

With a cucumber and spinach salad, and a soy and sesame dressing.

CHICKEN WINGS, TAMARIND AND CHILLI SAMBAL 10.95 404kcal

With mango, lime, and coriander.

Sauces made by our chefs to Rick's recipes. 2.00 each

TARTARE SAUCE 308kcal

MAYONNAISE 376kcal

AIOLI 365kcal

CHIPOTLE MAYONNAISE 272kcal

KIDS all 7.50

All served with chips or rice.

COD & CHIPS 1811kcal | SCAMPI 1342kcal

SAUSAGE 1534kcal | GRILLED COD 651kcal

VEGETABLE CURRY 693kcal

DESSERTS all 5.95

SALTED CARAMEL CHEESECAKE 496kcal

MISSISSIPPI MUD PIE 695kcal

MANGO AND PASSION FRUIT CHEESECAKE 506kcal

WHITE CHOCOLATE AND RASPBERRY FOOL 324kcal

TRELEAVENS CORNISH ICE CREAM

Ask for today's choices

One scoop 3.00 226kcal | Two scoops 4.50 394kcal

All our fried food is cooked in beef dripping, please ask for our vegetarian & gluten free options. | Please ask if you need any information on allergens.

A discretionary service charge of 7.5% will be added to your bill. | A discretionary £1 donation to The Wave Project will be added to your bill, thank you for your generosity.