

BREAKFAST MENU

FULL ENGLISH BREAKFAST

streaky bacon, Rick's lean pork and pepper sausage, tomato, chestnut mushrooms, hogs pudding, country loaf toast and a fried egg | kcal 1403 | 13.50

RICK'S BREAKFAST BHAJI

spicy potato and carrot bhaji served with a fried egg and warmed chapati kcal 1093 | 10.50

SALMON KEDGEREE

fragrant rice with cumin and turmeric, parsley, hot smoked salmon and a soft boiled egg | kcal 312 | 10.50

CRUSHED AVOCADO

with lime, coriander and tomato on toasted country loaf, topped with poached eggs | kcal 934 | 10.50

RICK'S SPICY SCRAMBLED EGGS

St Ewe Farm eggs scrambled with chilli, onion, tomato and cumin served with a warmed chapati and fresh coriander \mid kcal 854 \mid 9.50

PANCAKES

American style pancakes stacked with streaky bacon and maple syrup \mid kcal 713 \mid 9.95

BACON BUTTY

grilled streaky bacon in toasted bread | kcal 960 | 6.95

SAUSAGE SANDWICH

Tywardreath Butchers sausages made to Rick's recipe in toasted bread \mid kcal 1020 \mid 6.95

MUSHROOMS ON TOAST

fried chestnut mushrooms on grilled and buttered country loaf topped with fresh parsley | kcal 560 | 8.50

GRANOLA

Rick's granola, made right here in Padstow, topped with yoghurt and blossom honey | kcal 504 | 4.95

BERRY COMPOTE

Greek style yoghurt whipped with vanilla extract topped with summer berry compote and chopped hazelnuts | kcal 504 | 4.95

PASTRIES

from Butchers Bakehouse

CINNAMON BUN 3.50

CROISSANT 2.50

COCKTAILS

BLOODY MARY 8.50

CORNISH BELLINI 8.95

SMOOTHIES

BANANA AND STRAWBERRY SMOOTHIE

fresh strawberries, banana, Cornish whole milk and a dash of honey \mid kcal 308 \mid 5.50

QUICK AND EASY GREEN SMOOTHIE

spinach, banana, pineapple and Trewithen yoghurt | kcal 280 | 5.50

MANGO LASSI

mango, Greek yoghurt, Cornish whole milk, honey and dash of cardamon \mid kcal $106\mid$ 5.50

COFFEES

AMERICANO 2.95

DOUBLE ESPRESSO 2.95

DOUBLE MACCHIATO 2.95

FLAT WHITE 2.95

ESPRESSO 2.50

MACCHIATO 2.75

LATTE 3.10

CAPPUCCINO 3.10

BIRCHALL TEAS All 2.95

Ask your server for our speciality teas