



BREAKFAST

Selection of toasts

PORRIDGE chunky porridge oats and a fruit compote with golden syrup or honey. 385 kcal

GRILLED FISH OF THE DAY a healthy breakfast, served with a touch of olive oil, lemon, parsley, chervil, tarragon and chives. 244 kcal

SMOKED SALMON with scrambled eggs, red onion, and capers. 545 kcal

EGGS BENEDICT poached egg on a toasted muffin with hollandaise sauce served with either bacon, smoked salmon or smoked haddock. 771 kcal

OMELETTE ARNOLD BENNETT with smoked haddock and Parmesan cheese. 716 kcal

CRASTER KIPPER grilled 954 kcal or poached 553 kcal.

SMOKED HADDOCK KEDGEREE 271 kcal

FULL ENGLISH pork sausage, streaky bacon, tomato, mushrooms, Phillip Warren black pudding and fried, scrambled or poached St Ewe egg. 1403 kcal

SMASHED AVOCADO ON SOURDOUGH TOAST with poached egg. 934 kcal

SHAKSHUKA tomato and harissa-based dish from Tunisia with egg baked in the sauce and sourdough bread for dipping. 389 kcal

Please ask for any information on allergens.