

THE SEAFOOD RESTAURANT

LUNCH MENU

Three course 40.00

Enjoy a complimentary 125ml glass of Whispering Angel Rosé with this menu.

FIRST COURSE

WHOLE GRILLED SARDINES with rock salt and lime 196Kcal
PEAR CARPACCIO with caramelised walnuts and dolcelatte cheese 335Kcal
CHICKEN LIVER PARFAIT and beetroot chutney 374Kcal

MAIN COURSE

CHALK STREAM TROUT with warm tartare sauce 989Kcal
8oz RUMP STEAK with chimichurri sauce 1922Kcal
SUMMER VEGETABLE RISOTTO 530Kcal

DESSERT

PINEAPPLE TARTE TATIN with coconut sorbet 693Kcal
GRILLED PEACHES with lemon verbena ice cream 431Kcal
RASPBERRY CRÈME BRULÉE 332Kcal

SIDES

THIN CUT CHIPS 392 kcal 5.95

SUMMER KALE with confit shallots 579 kcal 6.50

BROCCOLL with toasted almonds 165 kcal 7.95

GARDEN SALAD with fines herbes 132 kcal 5.95
TOMATO, SHALLOT AND BASIL SALAD 120 kcal 6.50

Trerethern Farm

Most of the vegetables and salads on the menu come from Ronald and Ross Geach's farm just outside Padstow overlooking the estuary. Ross is an ex-chef of ours and we love talking all things veg.

A discretionary charge of 12.5% will be added to your bill.