

APPETISERS

COOMBESHEAD SOURDOUGH with kalamata olives and salt cod brandade 6.95 | 778kcal TEMPURA COURGETTE FLOWER
with sweet chilli dipping sauce
6.95 | 41kcal

MEXICAN CORN ON THE COB with feta, chilli and lime 5.00 | 157kcal PADRON PEPPERS local, more hot than not! 5.95 | 164kcal

STARTERS

SUMMER OF SHELLFISH

PALOURDE CLAMS with garlic, olive oil, coriander and chili

16.95 | 200kcal

BEEF TARTARE chopped top rump steak 19.95 | 206kcal

HERITAGE TOMATO SALAD with mozzarella 12.95 | 372kcal SEA BASS CEVICHE with pomegranate 14.95 | 372kcal

DEVILLED EGGS with anchovies and baby gem lettuce 9.95 | 201kcal

LUNCH SPECIALS

All 15.95

LOBSTER ROLL FRITES made to Jack's recipe. Cornish lobster served in a brioche roll 1139kcal CHICKEN CAESAR
SALAD
romaine lettuce,
croutons, chicken and
classic Caesar dressing
432kcal

STEAK FRITES seasoned Bavette steak from Phillip Warren, Launceston 1484kcal MOULES FRITES mussels with white wine, onion and parsley 1622kcal

CAVATELLI ALLA NORMA linguine with aubergine, chilli, tomato and feta 853kcal

MAINS

SUMMER OF SHELLFISH

GRILLED CORNISH LOBSTER
As part of our Summer of Shellfish
we're celebrating fantastic Cornish
lobster. Enjoy with fines herbes,
thin cut chips and salad
39.95 | 1710kcal

This dish includes a £1 donation to The National Lobster Hatchery's wonderful work.

HOME SMOKED CHICKEN BREAST with carrot, ginger and chilli sambal 21.95 | 380kcal

> CORNISH HAKE with spring onion mash 28.95 | 1229kcal

WHOLE ROASTED BREAM with fennel and Pernod 29.95 | 459kcal

OVEN-DRIED TOMATO AND THYME TART with Blue Vinny cheese, olive oil and rocket 19 95 | 1188kcal

PHILIP WARREN BUTCHERS – all our meat comes from Philip and Ian's skilled team in Launceston. As well as farming their own livestock they work with small farmers across Dartmoor, Bodmin Moor, and the grasslands of the Tamar Valley, specialising in native breeds to produce the very best Cornish meat.

BARBECUE GRILL-

12 OZ FULL FACE RUMP STEAK

10OZ RIBEYE STEAK 38.95 | 944kcal 8OZ FILLET STEAK 43.95 | 968kcal

31.95 | 1229kcal

add: Bearnaise sauce 576kcal | Bone marrow gravy 454kcal | Peppercorn sauce 196kcal 4.00

Our beef is from Philip Warren's Butchers, Launceston. Served with a cherry tomato, thyme, shallot and rocket salad and thin cut chips

SIDES-

THIN CUT CHIPS 5.95 | 498kcal

CAESAR SALAD 6.95 | 188kcal GRILLED HISPI CABBAGE with olive oil and sea salt 6.50 | 174kcal

> KALE with confit garlic 6.50 197kcal

BUTTERED POTATOES 5.95 | 378kcal

MIXED LEAF SALAD with white wine vinaigrette 5.95 | 367kcal