St Petrous Bistro

APPETISERS

COOMBESHEAD SOURDOUGH and kalamata olives & salt cod

brandade 6.95 | 778kcal **BEEF CHEEK CROQUETTES**

6.95 | 98kcal

CORN RIBS

with aioli 5.00 | 157kcal PORK SCRATCHINGS

4.95 | 164kcal

CALAMARI

with aioli

14.95 | 201kcal

CAESAR SALAD

Starter 9.95 | 388kcal | Main 16.95 | kcal

Add chicken 3

STARTERS

BEEF CARPACCIO

with mustard dressing, Parmesan & rocket 16.95 | 206kcal

> WHITEBAIT with aioli 8.50 | 372kcal

GRILLED OCTOPUS

with smoked pimentón 15.95 | 157kcal

SCOTCH EGG

with a mixed green salad and piccalilli 14.95 | 318kcal

LAMB SWEETBREAD

with lemon tarragon sauce

LUNCH SPECIALS

MUSSELS and fries

and fries 19.95 | 1188kcal STEAK SANDWICH

and fries 19.50 | 596kcal BURGER

and fries 18.50 | 1171kcal

MAINS

HOME SMOKED CHICKEN BREAST with carrot, ginger and chilli sambal

21.95 | 380kcal

HANGER STEAK

with red wine and shallot 31.95 | 1229kcal TOMAHAWK

with bone marrow gremolata – perfect for sharing. Served with bone marrow gravy, peppercorn sauce and bearnaise sauce

95.95 | 4771kcal

LOCAL GRILLED CATCH OF THE DAY

grilled whole bream with Pernod and fennel mayonnaise

29.95 | 459kcal

OVEN-DRIED TOMATO AND THYME TART with blue vinny cheese, olive oil and rocket

19.95 | 1188kcal

TRERETHERN FARM - Most of the vegetables and salads on the menu come from Ronald and Ross Geach's farm just outside Padstow overlooking the estuary.

Ross is an ex-chef of ours and we love talking all things veg.

BARBECUE GRILL-

FULL FACE RUMP STEAK

31.95 | 1229kcal

100Z RIBEYE STEAK

38.95 | 944kcal

LAMB CUTLETS 38.95 | 944kcal 8OZ FILLET STEAK

43.95 | 968kcal

add: Bearnaise sauce 576kcal | Bone marrow gravy 454kcal | Peppercorn sauce 196kcal 3.95

The beef is from Philip Warren's Butchers, Launceston.

Served with a cherry tomato, thyme, shallot and rocket salad and thin cut chips $% \left\{ 1,2,\ldots ,n\right\}$

SIDES

THIN CUT CHIPS

5.95 | 498kcal

DAUPHINOISE POTATOES

with garlic and cream 6.50 | 275kcal GRILLED HISPI CABBAGE

with olive oil and sea salt 6.50 | 174kcal **BUTTERED POTATOES**

5.95 | 378kcal

SET LUNCH MENU

THREE COURSES 17.50 Available Monday to Friday, 12 - 3pm

MACKEREL SALAD with sun-dried tomatoes 279kcal CHICKEN HOLSTEIN with a fried egg and Beurre Noisette

CHEESECAKE with berry compote 481kcal