

FISH & CHIPS

STARTERS

Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal	6.95
Salt and pepper prawns served with a cucumber and spinach salad with a soy and sesame dressing. 298 kcal	9.95
Thai fish cakes sweet and sour cucumber dipping sauce. 1122 kcal	8.95
Scallops three scallops battered or grilled. 352 kcal 209 kcal	11.95

FISH & CHIPS battered or grilled

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 822 kcal 263 kcal	14.45
Cod 933 kcal 460 kcal	15.95
One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.	one feeds two
Haddock 847 kcal 288 kcal	15.95
Lemon sole 1090 kcal 628 kcal	17.95
Sea bass 1080 kcal 528 kcal	17.95

GLUTEN We have a batter available with no gluten containing ingredient, please ask our team.

Scampi breaded scampi, served with chips. 2961 kcal	15.95
Fish chilli burger with lettuce, red onion, tomato, fresh chillies and chipotle relish mayonnaise in a brioche bun. 632 kcal	12.95
Halloumi burger with gem lettuce, tomato, red onion and chipotle chilli relish. 995 kcal	11.95
Cornish jumbo pork sausages two sausages available battered or unbattered, with chips. 2240 kcal 1873 kcal	11.95

CURRIES

Lamb karahi with basmati rice. 757 kcal		13.95
Vegetarian chickpea curry with basmati rice	492 kcal	11.95

SALADS

Spinach and watercress salad soy and sesame dressing. 4.50 74 kcal

 $Mixed\ leaf$ with fines herbes and a vinaigrette dressing. 367 kcal -3.50

SIDES

Chips Reg 3.95 Large Reg 1006 kcal Large 1622 kca		Aioli 365 kcal Mushy peas 25 kcal	2.00
Chips with cheese	6.50	Goan curry sauce	
Chip butty 607 kcal	5.50	Scraps	Free
Bread roll 102 kcal	1.25	Chapatis 107 kcal	2.00
Onion rings 548 kcal	3.75	Poppadoms 27 kcal	2.00
Gravy 37 kcal	2.00	Mango chutney	2.00
Tartare sauce 308 kcal	2.00	61 kcal	2.00
Mayonnaise 376 kcal	2.00		

KIDS

Scampi with chips. 1356 kcal	7.50
Cod and chips available battered or grilled. 1811 kcal 651 kcal	7.50
Sausage and chips available battered or unbattered. 1534 kcal	7.50

DESSERTS

Our dessert pots are made here in Padstow to Rick's own recipes,
choose from:A.50Salted caramel cheesecake 496 kcal / Mango and passionfruit
cheesecake 506 kcal / White chocolate and raspberry fool 324 kcal4.50Mississippi mud pie 695 kcalTreleavens ice cream
Please ask our team for available flavours.3.95

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.

