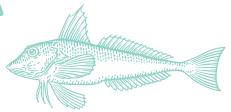




FISH & CHIPS

See our specials board for today's catch



STARTERS

Halloumi saganaki drizzled with honey, black 7.95 sesame seeds and oregano. 1003 kcal

Salt and pepper prawns served with a cucumber and 10.95 spinach salad with a soy and sesame dressing. 298kcal

Thai fish cakes sweet and sour cucumber dipping sauce. 9.95

Scallops three scallops battered or grilled. Served with a mixed leaf salad with fines herbes and a vinaigrette dressing. 352 kcal | 209 kcal

FISH & CHIPS battered or grilled

served with tartare sauce

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 2175 kcal | 1418 kcal 18.50

Cod 2335 kcal | 896 kcal

19.95

One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.



Haddock 2201 kcal | 1792 kcal

19 95

Sea bass 2444 kcal | 1009 kcal

20.95

GLUTEN

We have a batter available with no gluten containing ingredient, please ask our team.

Scampi breaded scampi, served with chips. 2961 kcal 17.95

Fish chilli burger with lettuce, red onion, tomato, fresh chillies and a chipotle relish mayonnaise in a brioche bun, served with chips. 1042 kcal

Halloumi burger with gem lettuce, tomato, red onion 12.95 and chipotle chilli relish, served with chips. 995 kcal

Cornish jumbo pork sausages two sausages available battered or unbattered, with chips.

Battered 2240 kcal | Unbattered 1873 kcal

Jack Stein's fish finger sandwich with gem
lettuce and tartare sauce on white bread, served
with chips. 1447 kcal

CELEBRATING UNSUNG SEAFOOD

We're championing the unsung fish and shellfish of the British Isles, prepared in classic dishes you know and love. Discover something new...

Tempura whelks slow-cooked whelks in a light batter 9.95 with a sweet chilli sauce and Asian salad.

Pouting tacos two pouting tacos served with chipotle 11.00 crema and Pico de Gallo salsa.

Salt and pepper cockles deep-fried cockles with 9.95 salt and pepper seasoning.

*Subject to the seas.

CURRIES

Vegetarian chickpea curry with basmati rice 492 kcal 13.95

SALADS

Spinach and watercress salad soy and sesame dressing. 5.00

 $Mixed\ leaf\ with\ fines\ herbes\ and\ a\ vinaigrette\ dressing.$ 367kcal 4.00

SIDES & SAUCES

Mayonnaise 376 kcal

Aioli 365 kcal Reg 3.95 | Large 5.50 2 25 Reg 1006 kcal | Large 1622 kcal Mushy peas 25 kcal 2.25 Chips with cheese 6.50 Goan curry sauce 2.25 1415 kcal 53 kcal Chip butty 607 kcal 5.50 Scraps Bread roll 102 kcal 1.50 Chapatis 107 kcal 2.50 Onion rings 1548 kcal 4.00 Poppadoms 27 kcal 2.00 Gravy 37 kcal 2 2 5 Mango chutney 2 25 Tartare sauce 308 kcal 2.00 61 kcal

KIDS

Scampi and chips | 1356 kcal | 8.50 Cod and chips available battered or grilled. | 1811 kcal | 651 kcal | 8.50 Sausage and chips available battered or unbattered. | 1534 kcal | 8.50 Lemon sole goujons and chips | 1630 kcal | 8.50

2.25

DESSERTS

Dessert Pots made here in Padstow to Rick's own recipes, choose from:

Salted caramel cheesecake 496 kcal / Mango and passionfruit 5.95 cheesecake 506 kcal / White chocolate and raspberry fool 324 kcal Mississippi mud pie 695 kcal

Chocolate brownie with Cornish clotted cream 464 kcal 4.50

Treleavens ice cream
Please ask our team for available flavours.

4.50