





FISH & CHIPS

See our specials board for today's catch

35



STARTERS

795 Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal

Salt and pepper prawns served with a cucumber and 10.95 spinach salad with a soy and sesame dressing. 360kcal

Thai fish cakes sweet and sour cucumber dipping sauce. 9.95 1122 kcal

Scallops three scallops battered or grilled. Served with a mixed leaf salad with fines herbes and a vinaigrette dressing. 352 kcal | 43 kcal

STEIN'S SHARER A selection of our signature dishes to share, featuring Jack's fish finger sandwich, halloumi saganaki, salt & pepper prawns, and battered scallops with dipping sauce and gravy.

FISH & CHIPS battered or grilled

served with tartare sauce

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

18.50 Hake | 1696 kcal | 1347 kcal

19.95 Cod 1696 kcal | 1349 kcal

One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.



Haddock 1696 kcal | 1348 kcal 19.95 Sea bass 2444 kcal | 1009 kcal 20.95

GLUTEN

We have a batter available with no gluten containing ingredient, please ask our team.

Scampi breaded scampi, served with chips. 2961 kcal 1795

lack Stein's fish finger sandwich with gem 15.95 lettuce and tartare sauce on white bread, served with chips. 1447 kcal

Fish chilli burger with lettuce, red onion, tomato, 14 00 fresh chillies and a chipotle relish mayonnaise in a brioche bun, served with chips. 1674 kcal Halloumi burger with gem lettuce, tomato, red onion 12.95

and chipotle chilli relish, served with chips. 1532 kcal

Cornish jumbo pork sausages two sausages 13.95 available battered or unbattered, with chips. Battered 1794 kcal | Unbattered 1573 kcal

CELEBRATING UNSUNG SEAFOOD

We're championing the unsung fish and shellfish of the British Isles, prepared in classic dishes you know and love Discover something new...

Tempura whelks slow-cooked whelks in a light batter 9.95 with a sweet chilli sauce and Asian salad.

Pouting tacos two pouting tacos served with chipotle crema and Pico de Gallo salsa.

Salt and pepper cockles deep-fried cockles with 995 salt and pepper seasoning.

*Subject to the seas.

CURRIES

Vegetarian chickpea curry with basmati rice 240 kcal 13.95

SALADS

Spinach and watercress salad soy and sesame dressing. 5.00

4.00 Mixed leaf with fines herbes and a vinaignette dressing. 20kcal

SIDES & SAUCES

Aioli 300 kcal Reg 3.95 | Large 5.50 2 25 Reg 1006 kcal | Large 4522 kcal Mushy peas 246 kcal 2.25 Chips with cheese 6.50 Goan curry sauce 2.25 3435 kcal 120 kcal Chip butty 402 kcal 5.50 Scraps Bread roll 80 kcal 1.50 Chapatis 120 kcal 2.50 Onion rings 126 kcal 4.00 Poppadoms 36 kcal 2.00 Gravy 34 kcal 2 2 5 Mango chutney 2 25 Tartare sauce 250 kcal 2.00 75 kcal Mayonnaise 180 kcal 2.25

KIDS

Scampi and chips 1340 kcal 8.50 Cod and chips available battered or grilled. 912 kcal | 845 kcal 8.50 Sausage and chips available battered or unbattered. 1151 kcal 8.50 Lemon sole goujons and chips 1055 kcal 8.50

DESSERTS

Dessert Pots made here in Padstow to Rick's own recipes, choose from:

Salted caramel cheesecake 400 kcal / Mango and passionfruit 5 9 5 cheesecake 400 kcal / White chocolate and raspberry fool 160 kcal Mississippi mud pie 300 kcal

Chocolate brownie with Cornish clotted cream 503 kcal 4.50

Treleavens ice cream 4.50 Please ask our team for available flavours.