Rick Dein

SUNDAY ROASTS

STARTERS

SALT AND PEPPER PRAWNS with a cucumber and beansprout salad (445Kcal)	15.95	BAKED WHOLE CAMEMBERT FOR 2 with new potatoes, gherkins, beetroot chutney and grilled sourdough. (1360Kcal)	19.50
GRILLED SCALLOPS WITH PROVENCAL SAUCE	15.95	LENTIL, BEETROOT AND GOAT'S CHEESE SALAD	10.50
cherry tomato, garlic, rosemary, thyme and lemon juice. (115Kcal)		with pears and walnuts (572Kcal)	
DUKKAH SALAD maple roasted butternut squash with walnut, feta and dukkah spice. (300Kcal)	9.95	CELERIAC SOUP with crispy parsnip shavings and olive oil. (200Kcal)	8.50

MAINS

ROAST TOPSIDE OF BEEF with Yorkshire pudding, roast potatoes, carrots, parsnip, cauliflower cheese, greens from Padstow Kitchen Garden (1341Kcal)	19.95	GRILLED HAKE FILLET with spring onion mash and soy butter sauce (488Kcal)	27.95
ROAST PORK BELLY BONED AND ROLLED	17.95	PENNY'S PIES FROM HELSTON CORNWALL	19.95
with Yorkshire pudding, roast potatoes, carrots, parsnip, cauliflower cheese, greens from Padstow Kitchen Garden, apricot and squash purée (1581Kcal)		Choose from: Broad bean and feta pie, or Steak and ale, served with mash and seasonal vegetables.	
HALF ROAST CHICKEN	18.95	PONDICHERRY FISH CURRY	22.95
with Yorkshire pudding, roast potatoes, carrots, parsnip, cauliflower cheese, greens from Padstow Kitchen Garden (1514Kcal)		a fragrant Southern Indian curry. Served with rice (812Kcal)	
CELERIAC ROSTI	17.95		
With baby beetroot, carrot and leek, butternut squash purée. Served with Yorkshire pudding, roast potatoes, veg gravy and greens from Padstow Kitchen Garden (2009Kcal)			

DESSERTS

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