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APPETISERS

CUMIN COD FRITTERS with mayonnaise 6.00 (303Kcal) HUMMUS FROM TARSUS with chilli oil and flat bread 5.50 (400Kcal) CHARCUTERIE BOARD 4 different hams, Mortadella, Prosciutto, Serrano, Salchichon, with sun dried tomatoes, gherkin, olives and sourdough bread. 10.95 (586Kcal)

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BREAD AND OLIVES Coombeshead sourdough and marinated Kalamata olives 6.95 (840Kcal)

STARTERS

GRILLED SCALLOPS WITH PROVENCAL SAUCE cherry tomato, garlic, rosemary, thyme and lemon juice 15.95 (115Kcal)

SALT AND PEPPER PRAWNS with a cucumber and beansprout salad 15.95 (445Kcal)

LENTIL, BEETROOT AND GOAT'S CHEESE SALAD with pears and walnuts 10.50 (572Kcal) BAKED WHOLE CAMEMBERT FOR TWO with new potatoes, gherkins, beetroot chutney and grilled sourdough 19.50 (1360Kcal)

DUKKAH SALAD maple roasted butternut squash with walnut, feta and dukkah spice 9.95 (300Kcal) CHICKEN WINGS, TAMARIND AND CHILLI SAMBAL with mango, lime and coriander 10.95 (300Kcal)

DEVILLED KIDNEYS with mushrooms on grilled sourdough 9.95 (576Kcal)

CELERIAC SOUP with crispy parsnip shavings and olive oil 8.50 (200Kcal)

MAINS

10Oz RUMP STEAK from our Launceston butcher, Philip Warren. with rocket, tomato, shallot and thyme salad and chips 28.00 (900Kcal)

> Add: peppercorn sauce (137Kcal) bone marrow gravy (248Kcal) 3.95 (each)

SAUSAGES AND MASH Cornish rare breed black pig sausages from Trerethern Farm, with mash and seasonal vegetables 17.95 (710Kcal).

PENNY'S PIES FROM HELSTON CORNWALL served with mash potatoes and seasonal vegetables choose from: Broad beans and feta or Steak and ale 19.95 CORNISH ARMS HAMBURGER chuck and ribcap served with Monterey Jack cheese, mayonnaise, chipotle chilli relish and chips 18.50 (690Kcal)

> Add: bacon (187Kcal) blue cheese (177Kcal) Jalapeno peppers (14Kcal) 1.75 (each)

HALLOUMI SAGANAKI BURGER with pickled red onion, honey, sesame and oregano served with chips 15.50 (827Kcal)

FENNEL RAVIOLI With porcini mushroom, sun dried tomatoes and hazelnut 17.95 (874Kcal)

CHICKPEA CURRY a fragrant curry with tomato and masala paste served with basmati rice 16.95 (510Kcal)

SIDES

BUTTERED NEW POTATOES 4.95 (279Kcal) | THIN CUT CHIPS 4.95 (365Kcal) GARDEN SALAD 4.95 (160Kcal) | ONION RINGS 4.95 (126Kcal) TENDERSTEM BROCCOLI WITH SHALLOTS 6.95 (60Kcal) KALE WITH CONFIT GARLIC 4.95 (344Kcal)

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



THE CORNISH ARMS

Please ask for information on allergens. | Adults need around 2000 kcal a day

A discretionary service charge of 12.5% will be added to your bill.

MOULES MARINIÈRE mussels with white wine, butter and parsley 13.95 (449Kcal) (Starter, served with sourdough) 21.95 (554Kcal) (Main, served with chips)

SCAMPI IN THE BASKET with chips and tartare sauce 17.95 (600Kcal)

BATTERED FISH AND CHIPS with tartare sauce and mushy peas 19.95 (1100Kcal)

GRILLED HAKE FILLET with spring onion mash and soy butter sauce 27.95 (468Kcal)

PONDICHERRY FISH CURRY a fragrant southern Indian curry with basmati rice 22.95 (460Kcal) **One Feeds Two** - every time you order a fish curry; we donate a school meal to a child in poverty

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DESSERTS

STICKY TOFFEE PUDDING with Cornish clotted cream	8.95 (984Kcal)
CHOCOLATE PAVÉ with peanuts and salted caramel ice cream	7.95 (1003Kcal)
PANNA COTTA with pistachio cream	7.95 (545Kcal)
MANGO AND PASSIONFRUIT CHEESECAKE POT	7.95 (806Kcal)
TRELEAVENS CORNISH ICE CREAMS (3 scoops)	7.50
strawberry (193Kcal) vanilla (192Kcal) chocolate (206Kcal) raspberry ripple (170Kcal) salted caramel (204Kcal)	
TRELEAVENS CORNISH SORBETS (3 scoops)	7.50
mango (260Kcal) ruby orange (151Kcal) lemon and lime (116Kcal) raspberry (103Kcal)	
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COLSTON BASSETT STILTON with walnuts, honey and biscui	ts 9.95 (441Kcal)

AFTER DINNER DRINKS

MONBAZILLAC, DOMAINE DE GRANGE NEUVE, FRANCE 2019 6.95 (100ml) GRAHAM'S LBV PORT 3.70 (50ml) LIMONCELLO 4.50 (25ml) SUNTORY TOKI BLENDED JAPANESE WHISKY 9.50 (25ml)

ORIGIN COFFEE

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Americano | Macchiato | Flat White Cappuccino | Café Latte 4.00 Espresso 3.50 ADD A SHOT OF SYRUP 0.50 Caramel, Gingerbread, Hazelnut or Vanilla

BIRCHALL TEA 3.75

English Breakfast | Earl Grey | Peppermint Green Tea | Camonile | Fresh Mint Green Tea and Peach | Red Berry Lemongrass and Ginger A discretionary 12.5% service charge will be added to all tables. Please ask for information on allergens.