





RICK STEIN

STARTERS

Salt and pepper prawns served with a cucumber and spinach salad with a soy and sesame dressing.10.95Thai fish cakes sweet and sour cucumber dipping sauce.9.951122 kcalScallops three scallops battered or grilled. Served with a mixed leaf salad with fines herbes and a vinaigrette dressing. 352 kcal 43 kcal12.95	Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal	7.95
1122 kcal Scallops three scallops battered or grilled. Served with a 12.95 mixed leaf salad with fines herbes and a vinaigrette dressing.		10.95
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FISH & CHIPS battered or grilled

served with tartare sauce

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 1696 kcal 1347 kcal	18.50
Cod 1696 kcal 1349 kcal	19.95
One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.	one feeds two
Haddock 1696 kcal 1348 kcal	19.95
Sea bass 2444 kcal 1009 kcal	20.95
GLUTEN We have a batter available with no gluten containin please ask our team.	

Scampi breaded scampi, served with chips. 2961 kcal	17.95
Jack Stein's fish finger sandwich with gem lettuce and tartare sauce on white bread, served with chips. 1447 kcal	15.95
Fish chilli burger with lettuce, red onion, tomato, fresh chillies and a chipotle relish mayonnaise in a brioche bun, served with chips. 1674 kcal	14.00
Halloumi burger with gem lettuce, tomato, red onion and chipotle chilli relish, served with chips. 1532 kcal	12.95
Cornish jumbo pork sausages two sausages available battered or unbattered, with chips. Battered 1794 kcal Unbattered 1573 kcal	13.95
Vegetarian chickpea curry with basmati rice 240 kcal	13.95
Goan chicken curry with coconut, coriander, tomato and chilli. 467 kcal	14.95

WINTER SPECIALS

Chippy tea Enjoy a light portion of battered fish and 12.95 chips with a cup of tea of your choice. 522 kcal

Stein's sharer A selection of our signature dishes to35share, featuring Jack's fish finger sandwich, halloumi35saganaki, salt & pepper prawns, battered scallops, and6chips with dipping sauce and gravy.2477 kcal

Catch and compare A sharing tasting platter of 35 battered cod, haddock, sea bass and our catch of the day with chips, mushy peas, curry sauce, and Rick's signature tartare sauce. 1924 kcal

Family feastA platter that's perfect to share for two45adults and two children. Battered lemon sole goujons, codbites, scampi, halloumi saganaki, chips, onion rings, spinachand watercress salad, mayonnaise, tartare sauce and gravy.8266 kcal

SALADS

Spinach and watercress salad soy and sesame dressing. 5.00 20kcal

Mixed leaf with fines herbes and a vinaigrette dressing. 20kcal 4.00

SIDES & SAUCES

Chips Reg 3.95 Large 5.50 Reg 1006 kcal Large 4522 kcal	Aioli 300 kcal 2.25
Chips with cheese 6.50	Mushy peas 246 kcal 2.25
3435 kcal	Goan curry sauce 2.25
Chip butty 402 kcal 5.50	Canada C
Bread roll 80 kcal 1.50	Scraps Free
Bread roll of Kear 1.50	Chapatis 120 kcal 2.50
Onion rings 126 kcal 4.00	Poppadoms 36 kcal 2.00
Gravy 34 kcal 2.25	
	Mango chutney 2.25
Tartare sauce 250 kcal 2.00	75 kcal
Mayonnaise 180 kcal 2.25	

KIDS

Scampi and chips 1340 kcal	8.50
Cod and chips available battered or grilled. 912 kcal 845 kcal	8.50
Sausage and chips available battered or unbattered. $\tt II5I \ kcal$	8.50
Lemon sole goujons and chips 1055 kcal	8.50

DESSERTS

Dessert Pots made here in Padstow to Rick's own recipes, choose from:	
Salted caramel cheesecake 400 kcal / Mango and passionfruit cheesecake 400 kcal / White chocolate and raspberry fool 160 kcal Mississippi mud pie 300 kcal	5.95
Chocolate brownie with Cornish clotted cream 503 kcal	4.50
Treleavens ice cream Please ask our team for available flavours.	4.50

Please ask our team for available flavours.

Our fish and chips is cooked in beef dripping, please ask for our vegetarian & gluten free options. Please ask if you need any information on allergens. A discretionary service of 7.5% will be added to your bill.