





# RICK STEIN

## STARTERS

Salt and pepper prawns served with a cucumber and10.95spinach salad with a soy and sesame dressing.360kcalThai fish cakes sweet and sour cucumber dipping sauce.9.951122 kcal9.95Scallops three scallops battered or grilled. Served with a mixed leaf salad with fines herbes and a vinaigrette dressing.12.95352 kcal43 kcal	Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal	7.95
I 122 kcal   Scallops three scallops battered or grilled. Served with a 12.95   mixed leaf salad with fines herbes and a vinaigrette dressing.		10.95
mixed leaf salad with fines herbes and a vinaigrette dressing.		9.95
	mixed leaf salad with fines herbes and a vinaigrette dressing.	12.95

## FISH & CHIPS battered or grilled

#### served with tartare sauce

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 1696 kcal   1347 kcal	18.50
Cod 1696 kcal   1349 kcal	19.95
One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.	one feeds two
Haddock 1696 kcal   1348 kcal	19.95
Sea bass 2444 kcal   1009 kcal	20.95
<b>GLUTEN</b> We have a batter available with no gluten containing ir please ask our team.	ngredient,

Scampi breaded scampi, served with chips. 2961 kcal	17.95
Jack Stein's fish finger sandwich with gem lettuce and tartare sauce on white bread, served with chips. 1447 kcal	15.95
Fish chilli burger with lettuce, red onion, tomato, fresh chillies and a chipotle relish mayonnaise in a brioche bun, served with chips. 1674 kcal	14.00
Halloumi burger with gem lettuce, tomato, red onion and chipotle chilli relish, served with chips. 1532 kcal	12.95
<b>Cornish jumbo pork sausages</b> two sausages available battered or unbattered, with chips. Battered 1794 kcal   Unbattered 1573 kcal	13.95
Vegetarian chickpea curry with basmati rice 240 kcal	13.95
Goan chicken curry with coconut, coriander, tomato and chilli. 467 kcal	14.95

#### WINTER SPECIALS

Chippy tea Enjoy a light portion of battered fish and 12.95 chips with a cup of tea of your choice. 522 kcal

Stein's sharer A selection of our signature dishes35to share, featuring Jack's fish finger sandwich, halloumi35saganaki, salt & pepper prawns, and battered scallopswith dipping sauce and gravy.2477 kcal

Catch and compare A sharing tasting platter of 35 battered cod, haddock, sea bass and our catch of the day with chips, mushy peas, curry sauce, and Rick's signature tartare sauce. 1924 kcal

**Family feast** A platter that's perfect to share for two 45 adults and two children. Battered lemon sole goujons, cod bites, scampi, halloumi saganaki, chips, spinach and watercress salad, mayonnaise, tartare sauce and gravy. 8266 kcal

#### SALADS

Spinach and watercress salad soy and sesame dressing. 5.00 20kcal

Mixed leaf with fines herbes and a vinaigrette dressing. 20kcal 4.00

#### SIDES & SAUCES

Chips Reg 3.95   Large 5.50 Reg 1006 kcal   Large 4522 kcal	Aioli   300 kcal   2.25     Mushy peas   246 kcal   2.25
Chips with cheese 6.50 3435 kcal	Goan curry sauce 2.25
Chip butty 402 kcal 5.50	Scraps Free
Bread roll 80 kcal 1.50	Chapatis 120 kcal 2.50
Onion rings 126 kcal 4.00	Poppadoms 36 kcal 2.00
Gravy 34 kcal 2.25	Mango chutney 2.25
Tartare sauce 250 kcal 2.00	75 kcal
Mayonnaise 180 kcal 2.25	

#### KIDS

Scampi and chips 1340 kcal	8.50
Cod and chips available battered or grilled. 912 kcal   845 kcal	8.50
Sausage and chips available battered or unbattered. 1151 kcal	8.50
Lemon sole goujons and chips 1055 kcal	8.50

#### DESSERTS

Dessert Pots made here in Padstow to Rick's own recipes, choose from:	
Salted caramel cheesecake 400 kcal / Mango and passionfruit cheesecake 400 kcal / White chocolate and raspberry fool 160 kcal Mississippi mud pie 300 kcal	5.95
Chocolate brownie with Cornish clotted cream 503 kcal	4.50
<b>Treleavens ice cream</b> Please ask our team for available flavours.	4.50

Our fish and chips is cooked in beef dripping, please ask for our vegetarian & gluten free options. Please ask if you need any information on allergens. A discretionary service of 7.5% will be added to your bill.