



RICK STEIN FISH & CHIPS

STARTERS

Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal 7.95

Salt and pepper prawns served with a cucumber and spinach salad with a soy and sesame dressing. 360kcal 10.95

Thai fish cakes with a sweet and sour cucumber dipping sauce, mixed leaf salad and vinaigrette dressing. 1122 kcal 9.95

Salt and pepper squid fresh squid pan-fried with Rick's salt and pepper mix, chillies, spring onion, spinach and a soy and sesame dressing. 118 kcal 10.95

Scallops

Battered - served with a spinach and watercress salad. 352 kcal 12.95
Grilled - served with a mixed leaf and fines herbes salad and a vinaigrette dressing. 43 kcal

FISH & CHIPS battered or grilled served with tartare sauce

"The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world." - Rick

Hake 1696 kcal | 1347 kcal 18.50

Cod 1696 kcal | 1349 kcal 19.95

One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.



Whiting 1125 kcal | 657 kcal 15.50

Haddock 1696 kcal | 1348 kcal 19.95

Sea bass 2444 kcal | 1009 kcal 20.95

GLUTEN

We have a batter available with no gluten containing ingredients, please ask our team.

Jack Stein's fish finger sandwich with gem lettuce, tartare sauce and ketchup on white bread, served with chips. 1447 kcal 15.95

Scampi served with chips. 2961 kcal 17.95

Fish tacos one or two tacos with battered fish, pica de gallo, guacamole and a chipotle crema. 477 kcal 6.95 | 12

Fish chilli burger with lettuce, red onion, tomato, fresh chillies and a chipotle relish mayonnaise in a brioche bun, served with chips. 1674 kcal 14

Cheese burger chuck and ribcap burger served with Monterey Jack cheese, gem lettuce, tomato, red onion, mayonnaise, chipotle chilli relish and chips. 1167 kcal 14

Halloumi burger with gem lettuce, tomato, red onion and a chipotle chilli relish, served with chips. 1532 kcal 12.95

Cornish jumbo pork sausages two sausages available battered or unbattered, with chips. Battered 1794 kcal | Unbattered 1573 kcal 13.95

Our fish and chips is cooked in beef dripping, please ask for our vegetarian & gluten free options. Please ask if you need any information on allergens. A discretionary service of 7.5% will be added to your bill. Adults need around 2000 kcal a day.

CURRIES

Vegetarian chickpea curry with basmati rice. 240 kcal 13.95

Goan chicken curry with coconut, coriander, tomato and chilli and basmati rice. 467 kcal 14.95

Add: Chapati 120 kcal 2.50 | Poppadom 36 kcal 2
Mango chutney 75 kcal 2.25

Share and compare A sharing tasting platter of battered cod, haddock, sea bass and our catch of the day with chips, mushy peas, curry sauce, and Rick's signature tartare sauce. 1924 kcal 35

Family feast A sharing platter perfect for the family. Breaded lemon sole goujons, cod bites, scampi, halloumi saganaki, chips, onion rings, spinach and watercress salad with a soy dressing, mayonnaise, tartare sauce and gravy. 8266 kcal 45

SALADS

Spinach and watercress salad with a soy and sesame dressing. 20kcal 5

Mixed leaf with fines herbes and a vinaigrette dressing. 20kcal 4

SIDES

Chips Reg 3.95 | Large 5.50
578 kcal | 924 kcal

Cheesy chips 990 kcal 6.50

Chip butty 402 kcal 5.50

Bread roll 80 kcal 1.50

Onion rings 126 kcal 4

Scraps Free

SAUCES

Gravy 34 kcal 2.25

Tartare sauce 250 kcal 2

Mayonnaise 180 kcal 2.25

Aioli 300 kcal 2.25

Mushy peas 246 kcal 2.25

Goan curry sauce 120 kcal 2.25

KIDS

Scampi and chips 1340 kcal 8.50

Cod and chips available battered (912 kcal) or grilled (845kcal). 8.50

Sausage and chips available battered (1058 kcal) or unbattered (978 kcal). 8.50

Lemon sole goujons and chips 1055 kcal 8.50

DESSERTS

Dessert pots made here in Padstow to Rick's own recipes, choose from:

Salted caramel cheesecake 400 kcal | **Mango and passion fruit** 5.95

cheesecake 400 kcal | **White chocolate and raspberry fool** 160 kcal

Mississippi mud pie 300 kcal

Chocolate brownie with Cornish clotted cream 503 kcal 4.50

Treleavens ice cream 4.50
Please ask our team for available flavours.