





### RICK STEIN

# FISH & CHIPS

# **TAKEAWAY**

# **STARTERS**

Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal	6.95
Salt and pepper prawns served with a cucumber and spinach salad with a soy and sesame dressing. 360 kcal	9.95
Thai fish cakes sweet and sour cucumber dipping sauce. 1122 kcal	8.95
Salt and pepper squid fresh squid pan-fried with Rick's salt and pepper mix, chillies, spring onion and spinach and a soy and sesame dressing. 118 kcal	9.95

#### Scallops

Battered - served with spinach and watercress salad. 352 kcal 11.95 Grilled - served with a mixed leaf and fines herbes salad and a vinaigrette dressing. 43 kcal

# FISH & CHIPS battered or grilled

"The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world." - Rick

11ake 1676 Kcal   1347 Kcal	Hake	1696 kcal   134	7 kcal		14.45
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Cod 1696 kcal | 1349 kcal | 15.95

One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.



Haddock	1696 kcal	1348 kcal	15.95
Sea bass	2444 kcal	1009 kcal	17.95

#### GLUTEN

We have a batter available with no gluten containing ingredient, please ask our team.

Fish chilli burger with lettuce, red onion, tomato,	12.95
fresh chillies and chipotle relish mayonnaise in a	
brioche bun. 1674 kcal	

Cheese burger chuck and ribcap served with Monterey	13
Jack cheese, gem lettuce, tomato, red onion, mayonnaise,	
chipotle chilli relish and chips. 1167 kcal	

Halloumi burger with gem lettuce, tomato,	11.9.
red onion and chipotle chilli relish. 1532 kcal	

Fish tacos	one or two tacos with battered fish,	5.95   11
pica de gallo.	guacamole and chipotle crema. 477 kcal	

Cornish jumbo pork sausages two sausages II.95 available battered or unbattered, with chips.

1754 kcal | 1573 kcal

#### **CURRIES**

Vegetarian chickpea curry with basmati rice 240 kcal	11.95
Goan chicken curry with coconut, coriander, tomato and chilli. 467 kcal	12.95
Add: Chapati 120 kcal 2.50   Poppadom 36 kcal 2 Mango chutney 75 kcal 2.25	

Family feast A sharing platter perfect for the family.

Battered lemon sole goujons, cod bites, scampi, halloumi saganaki, chips, onion rings, spinach and watercress salad, mayonnaise, tartare sauce and gravy. 8266 kcal

#### SALADS

Spinach and watercress salad soy and sesame dressing.	4.50
20 kcal	
Mixed leaf with fines herbes and a vinaignette dressing. 20 kg	al 3.50

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SIDES		SAUCES		
Chips Reg 3.95   Large	e 5.50	Gravy 34 kcal	2	
578 kcal   93	24 kcal	Tartare sauce 250 kcal	2	ı
Cheesy chips 990 kcal	6.50	Mayonnaise 180 kcal	2	ı
Chip butty 402 kcal	5.50	Trayomnaise 100 kcai	2	ı
Bread roll 80 kcal	1.25	Aioli 300 kcal	2	ı
bread roll 80 kcal	1.23	Mushy peas 246 kcal	2	ı
Onion rings 126 kcal	3.75	Coop supply source	2	ı
Scraps	Free	Goan curry sauce 120 kcal	Z	
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# **KIDS**

Scampi with chips   1340 kcal	7.50
Cod and chips available battered (912 kcal) or grilled (845 kcal).	7.50
Sausage and chips available battered (1058 kcal) or unbattered (978 kcal).	
Lemon sole goujons and chips 1055 kcal	7.50

#### **DESSERTS**

Salted caramel cheesecake 400 kcal | Mango and passion fruit cheesecake 400 kcal | White chocolate and raspberry fool 160 kcal Mississippi mud pie 300 kcal

Treleavens ice cream
Please ask our team for available flavours.
3.95

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.

