



RICK STEIN

# FISH & CHIPS

TAKEAWAY

## STARTERS

- Halloumi saganaki** drizzled with honey, black sesame seeds and oregano. 1003 kcal 6.95
- Salt and pepper prawns** served with a cucumber and spinach salad with a soy and sesame dressing. 360 kcal 9.95
- Thai fish cakes** sweet and sour cucumber dipping sauce. 1122 kcal 8.95

- Scallops** 11.95  
Battered - served with spinach and watercress salad. 352 kcal  
Grilled - served with a mixed leaf and fines herbes salad and a vinaigrette dressing. 43 kcal

## FISH & CHIPS battered or grilled

"The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world." - Rick

**Hake** 1696 kcal | 1347 kcal 14.45

**Cod** 1696 kcal | 1349 kcal 15.95

**One Feeds Two** Every time you order cod and chips we donate a school meal to a child in poverty.



**Haddock** 1696 kcal | 1348 kcal 15.95

**Sea bass** 2444 kcal | 1009 kcal 17.95

### GLUTEN

We have a batter available with no gluten containing ingredient, please ask our team.

**Scampi** served with chips. 2961 kcal 15.95

**Fish chilli burger** with lettuce, red onion, tomato, fresh chillies and chipotle relish mayonnaise in a brioche bun. 1674 kcal 12.95

**Halloumi burger** with gem lettuce, tomato, red onion and chipotle chilli relish. 1532 kcal 11.95

**Cornish jumbo pork sausages** two sausages available battered or unbattered, with chips. 1754 kcal | 1573 kcal 11.95

**Vegetarian chickpea curry** with basmati rice 240 kcal 11.95

**Goan chicken curry** with coconut, coriander, tomato and chilli. 467 kcal 12.95

**Add:** Chapati 120 kcal 2.50 | Poppadom 36 kcal 2  
Mango chutney 75 kcal 2.25

## WINTER SPECIALS

**Family feast** A sharing platter perfect for the family. 45  
Battered lemon sole goujons, cod bites, scampi, halloumi saganaki, chips, onion rings, spinach and watercress salad, mayonnaise, tartare sauce and gravy. 8266 kcal

## SALADS

- Spinach and watercress salad** soy and sesame dressing. 20 kcal 4.50
- Mixed leaf** with fines herbes and a vinaigrette dressing. 20 kcal 3.50

## SIDES

- Chips** Reg 3.95 | Large 5.50  
578 kcal | 924 kcal
- Cheesy chips** 990 kcal 6.50
- Chip butty** 402 kcal 5.50
- Bread roll** 80 kcal 1.25
- Onion rings** 126 kcal 3.75
- Scraps** Free

## SAUCES

- Gravy** 34 kcal 2
- Tartare sauce** 250 kcal 2
- Mayonnaise** 180 kcal 2
- Aioli** 300 kcal 2
- Mushy peas** 246 kcal 2
- Goan curry sauce** 120 kcal 2

## KIDS

- Scampi with chips** 1340 kcal 7.50
- Cod and chips** available battered (912 kcal) or grilled (845 kcal). 7.50
- Sausage and chips** available battered (1058 kcal) or unbattered (978 kcal). 7.50
- Lemon sole goujons and chips** 1055 kcal 7.50

## DESSERTS

Our dessert pots are made here in Padstow to Rick's own recipes, choose from:

- Salted caramel cheesecake** 400 kcal | **Mango and passion fruit cheesecake** 400 kcal | **White chocolate and raspberry fool** 160 kcal | **Mississippi mud pie** 300 kcal 4.50

**Treleavens ice cream** 3.95  
Please ask our team for available flavours.

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.

