## **FISH & CHIPS**

COD

regular 17.95 690 kcal



One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.

HAKE 16.50 690 kcal HADDOCK 17.95 690 kcal

SCAMPI 17.95 690 kcal

## **GRILLED FISH**

All served with chips or spinach and watercress salad.

HAKE 16.50 341 kcgl My favourite white fish with soft flakes and full flavour.

HADDOCK 17.95 342 kcgl A great alternative to cod, with lighter flakes.

COD 17.95 343 kcal A medium sweet flavour with firm flakes.

#### WINTER SPECIALS

CHIPPY TEA 12.95 552 kcal Enjoy a light portion of battered fish and chips with a cup of tea of your choice.

FAMILY FEAST 45 8266 kcal A platter that's perfect to share for two adults and two children.

Battered lemon sole goujons, cod bites, scampi, halloumi saganaki, chips, spinach and watercress salad, mayonnaise, tartare sauce and gravy.

STEIN'S SHARER 35 2477 kcal A selection of our signature dishes to share, featuring Jack's fish finger sandwich, halloumi saganaki, salt & pepper prawns, and battered scallops with dipping sauce and gravy.

**CATCH & COMPARE PLATTER** 35 1924 kcal

A hearty tasting platter of battered cod, haddock, sea bass and our catch of the day with chips, mushy peas, curry sauce, and Rick's signature tartare sauce.

Vegetarian



BURGERS

All our burgers come in a glazed brioche bun with gem lettuce, tomato, red onion, mayo and chipotle chilli relish. Served with chips.

FISH CHILLI BURGER 14.00 668 kcal

HALLOUMI BURGER 14.00 526 kcgl

BEEF BURGER 14.00 838 kcal Add: Bacon 108 kcal | Cheese 110 kcal Onion Rings 126 kcal 1.00 (each)

CORNISH PORK SAUSAGES 13.95 Battered 758 kcal | Unbattered 567 kcal Two sausages available battered or unbattered. Served with chips.

## ASIAN

PAD THAI NOODLES 14.00 838 kcal A delicate balance of chicken and prawns with soft noodles, the crunch of peanuts and beansprouts and flavours of sweet, salt, hot and sour.

NASI GORENG 14.50 653 kcal An Indonesian inspired dish of egg fried rice, barbecued chicken, prawns, lime and sugar.

## CURRY

All our curries are served with basmati rice and crispy onion and chilli garnish.

**VEGETABLE PONDICHERRY** CURRY (VG) 13.95 322 kcal With green beans, cauliflower, peas, potatoes and cashew nuts.

**GOAN CHICKEN CURRY** 14.95 467 kcal With coconut, coriander, tomato and chilli.

MEEN KULAMBU COD CURRY

15.95 750 kcal A fragrant curry from southern India.

Add: Poppadoms 2.20 36 kcal | Chapati 2.50 120 kcal Lime Pickle 2 70 kcal | Mango Chutney 75 kcal 2.00 (each)

# KIDS all 750

All served with chips or rice.

COD & CHIPS 345 kcal

SCAMPI 384 kcgl

SAUSAGE 651 kcal

GRILLED COD 412 kcal

VEGETABLE CURRY 404 kcal

## SAUCES

Sauces made by our chefs to Rick's recipes. 2.00 each TARTARE SAUCE 250 kcal MAYONNAISE 180 kcgl AIOLI 300 kcal CHIPOTLE MAYONNAISE 275 kcgl GRAVY 37 kcal GOAN CURRY SAUCE 2.00 52 kcal

#### SIDES

MUSHYPEAS 2.00 25 kcgl

CHIPS 3.95 1006 kcal

CHEESY CHIPS 6.50 1415 kcal

ONION RINGS 4.00 548 kcal

BREAD ROLL 1.50 102 kcal

SAUSAGE 4.75 battered or unbattered 1119 kcal | 951 kcal

SPINACH AND WATERCRESS SALAD 4.00 74 kcgl

CHIPBUTTY 5.50 607 kcal

SALT AND PEPPER PRAWNS 10.95 531 kcal With a cucumber and spinach salad, and a soy and sesame dressing.

BATTERED SCALLOPS 10.95 531 kcal With a soy and sweet chilli dressing.

## DESSERTS all 5 95

SALTED CARAMEL CHEESECAKE 400 kcal

MISSISSIPPI MUD PIE 300 kcal

MANGO AND PASSION FRUIT CHEESECAKE 400 kcal

WHITE CHOCOLATE AND RASPBERRY FOOL 160 kcal

TRELEAVENS CORNISH **ICE CREAM** Ask for today's choices One scoop 3.00 273 kcal | Two scoops 4.50 546 kcal

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



All our fried food is cooked in beef dripping, please ask for our vegetarian & gluten free options. | Please ask if you need any information on allergens. A discretionary service charge of 7.5% will be added to your bill. | A discretionary £1 donation to The Wave Project will be added to your bill, thank you for your generosity.