

# FISH & CHIPS

#### STARTERS

Halloumi saganaki drizzled with honey, black sesame seeds and oregano. 1003 kcal	5.95
Salt and pepper prawns served with a cucumber and spinach salad with a soy and sesame dressing. 298 kcal	7.95
Thai fish cakes sweet and sour cucumber dipping sauce. 1122 kcal	7.95
Scallops three scallops battered or grilled, 352 kcal   209 kcal	10.95

### FISH & CHIPS battered or grilled

'The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world.' - Rick

Hake 822 kcal   263 kcal	9.95
Cod 933 kcal   460 kcal	10.95
One Feeds Two Every time you order cod and chips we donate a school meal to a child in poverty.	one feeds two
Haddock 847 kcal   288 kcal	10.95
Lemon sole 1090 kcal   628 kcal	11.95

## ADD CHIPS FOR 3.95

Sea bass 1080 kcal | 528 kcal

<b>GLUTEN</b> We have a batter available with no gluten containing ingredie please ask our team.	nt,
Scampi breaded scampi, served with chips. 2961 kcal	14.90
Fish chilli burger with lettuce, red onion, tomato, fresh chillies and chipotle relish mayonnaise in a brioche bun. 632 kcal	7.95
Halloumi burger with gem lettuce, tomato, red onion and chipotle chilli relish. 995 kcal	7.95
<b>Cornish jumbo pork sausages</b> two sausages available battered or unbattered, with chips. 2240 kcal   1873 kcal	10.95

## CURRIES

Lamb karahi with basmati rice. 757 kcal		12.50
Vegetarian chickpea curry with basmati rice	492 kcal	10.50

## SALADS

Spinach and watercress salad soy and sesame dressing. 3.50 74 kcal

 $Mixed\ leaf$  with fines herbes and a vinaigrette dressing. 367 kcal -3.50

#### SIDES

Chips Reg 3.95   Large 5.50 Reg 1006 kcal   Large 1622 kcal	Aioli 365 kcal 1.75
5 1 5	Mushy peas 25 kcal 1.75
Chips with cheese 6.00 1415 kcal	Goan curry sauce 1.75
Chip butty 607 kcal 5.00	Scraps Free
Bread roll 102 kcal 1.25	
Onion rings 548 kcal 3.75	
Gravy 37 kcal 1.75	
Tartare sauce 308 kcal 1.75	
Mayonnaise 376 kcal 1.75	)

#### KIDS

12.95

Scampi with chips. 1356 kcal	6.95
Cod and chips available battered or grilled. 1811 kcal   651 kcal	6.95
Sausage and chips available battered or unbattered. 1534 kcal	6.95

### DESSERTS

Our dessert pots are made here in Padstow to Rick's own recipes, choose from:	
Salted caramel cheesecake 496 kcal / Mango and passionfruit cheesecake 506 kcal / White chocolate and raspberry fool 324 kcal Mississippi mud pie 695 kcal	3.95
<b>Treleavens ice cream</b> Please ask our team for available flavours.	3.95

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



Our fish and chips is cooked in beef dripping, please ask for our vegetarian & gluten free options. Please ask if you need any information on allergens.