

SMALL BITES 5 for £28

KALAMATA OLIVES 250kcal	5.00	SOURDOUGH BREAD	6.50
CHAPATTIS	5.50	with Indian spiced butter 295kcal	
with raita and mango chutney 189kcal		FRIED PANEER	6.50
DHAL FRITTERS	5.50	with honey and chilli 525kcal	
with a spiced chutney 259 kcal		BEEF SATAY	7
CHICKEN SKEWERS	6.50	with sweet soy and lime dressing 330kcal	
with peanut sauce 333kcal		TANDOORI PRAWNS	8
		with chat masala 215kcal	

STARTERS

TIBETAN NOODLE SOUP *	7.50
with pak choi and chilli sauce 75kcal	
VIETNAMESE POACHED CHICKEN SALAD *	12
with peanuts, chilli, mint and coriander 310kcal	
SLOW COOKED PORK	13
with ginger, chilli, soy and tamarind 388 kcal	
ST AUSTELL BAY MUSSELS *	14
with chilli, garlic and lemon 257kcal	
CHEF WAN'S PRAWN NOODLE SALAD	14
with peanuts, chilli and coriander 514kcal	
SALT AND PEPPER PRAWNS *	16
with cucumber, spinach and a soy and sesame dressing 487kcal	

LUNCH SPECIALS

KOREAN CHICKEN BAO BUNS	14
with pickled red onion, coriander and black sesame seeds served with Asian coleslaw 489kcal	
CRISPY SPRING ROLL	14
with Asian coleslaw and Noch Cham dipping sauce 265kcal	

MAINS

BEETROOT CURRY*	17
an aromatic Sri Lankan curry with basmati rice, crispy onions and fresh coriander 436kcal	
HANOI CHICKEN BROTH*	19.50
with pak choi, mint, coriander, and vermicelli noodles 402kcal	
FISH PAKORA*	22
an Indian twist on a classic fish and chips with chat masala chips and Rick's tomato chutney 945kcal	
FISH IN A PARCEL	22
Salmon with a coconut spice blend, kachumber salad and basmati rice 668 kcal	
PONDICHERRY FISH CURRY*	25
a fragrant southern Indian curry with basmati rice and a poppadom 950kcal	
8OZ RUMP STEAK	32
with roasted red pepper and smoked paprika chimichurri and thin cut chips 702kcal	

EARLY SUPPER BY THE SEA

2 courses 19.75 | 3 courses 23.95

Served Monday to Thursday, 5pm – 6pm

TIBETAN NOODLE SOUP – PONDICHERRY FISH CURRY – LEMON AND YUZU POSSET

3 COURSES FOR £35 Choose any dish marked with *

£3 supplement for salt and pepper prawns.

SIDES

POPPADOMS 130kcal	2	CHAT MASALA CHIPS 48 kcal	6.50
ASIAN COLESLAW 37kcal	5	CHILLI SPICED CABBAGE	6
THIN CUT CHIPS 479kcal	5.50	with coconut, mustard seeds and curry leaves 132kcal	

GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



COCKTAILS

RHUBARB ROYALE 10.50 | NEGRONI 12.50 | PALOMA 11.50 | ESPRESSO MARTINI 11.50
YUZU AND BERRY SPRITZ 12.50 | CRYSTAL COLADA 15.25 | MARGARITA 15.25

MOCKTAILS

SODA POP 12.00 | EVERLEAF PICANTE 10.95

OUR FAVOURITE SPIRITS

RICK STEIN TARQUIN'S GIN 6.75 | TARQUIN'S GIN 6.50
DOORLY'S DARK OR WHITE RUM 5.25 | BRUGAL GOLDEN RUM 5.75
CONNIE GLAZE VODKA 5.75

BEER & CIDER

CHALKY'S BITE (6.8%) 6.25 | ASAHI (5%) 5.75
TRIBUTE (4.2%) 6.25 | KOREV (4.8%) 5.75 | LUCKY SAINT (0.5%) 5.75

SOFT DRINKS

COKE 4.00 | DIET COKE 3.75 | LEMONADE 4.00 | HIP HOP APPLE AND ELDERFLOWER 4.75
GUSTO SICILIAN BLOOD ORANGE 4.50 | GUSTO SICILIAN LEMON YUZU 4.75
BUNDABERG GINGER BEER 4.75 | AGUA DE MADRE PINK GRAPE FRUITE AND LIME 5.75
ORANGE JUICE 4.25 | APPLE JUICE 4.25

SAKE AKASHI

GINJO UMESHU 8.50 | HONJOZO TOKUBETSU 8.50

Glass Bottle

CHAMPAGNE & SPARKLING WINE

PROSECCO BRUT ARGEO, RUGGERI, ITALY 9.60 41.00

RICK STEIN'S CHAMPAGNE BLANC DE BLANCS, FRANCE NV 15.00 72.00

Glass Carafe Bottle

WHITE WINE

VERMENTINO, LES VIGNES DE L'EGLISE, LANGUEDOC, FRANCE 2024 8.10 21.40 30.00

GROS MANSENG SAUVIGNON BLANC, DOMAINE HORGELUS, COTES DE GASGOGNE, FRANCE 2024 9.50 25.00 35.00

VINHO VERDE 'SIGNUS', QUINTA DA LIXA, PORTUGAL 2024 11.10 29.30 41.00

RICK STEIN'S SPANISH WHITE, VERDEJO, ECOLOGICO, DO RUEDA, SPAIN 2024 (ORGANIC) 11.40 30.00 42.00

CHENIN BLANC 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA 2024 12.20 32.10 45.00

SAUVIGNON BLANC, WAIRAU RIVER, MARLBOROUGH, NEW ZEALAND 2024 12.70 33.60 47.00

RICK STEIN'S WHITE BURGUNDY, MÂCON, FRANCE 2023 15.40 40.70 57.00

ROSE WINE

ANCORA ROSATO, CHIARETTO, ITALY 2024 8.10 21.40 30.00

CHÂTEAU BAUDUC ROSÉ, BORDEAUX, FRANCE 2024 10.80 28.60 40.00

RED WINE

LES ARCHERES CARIGNAN, IGP PAYS DE L'HÉRAULT, FRANCE 2023 7.60 20.00 28.00

MALBEC, KAIKEN CLASICO, MENDOZA, ARGENTINA 2023 10.30 27.10 38.00

RICK STEIN'S SPANISH RED, GARNACHA, CAMPO DE BORJA, SPAIN 2022 11.40 30.00 42.00

RIOJA CRIANZA, GRAN DOMINIO, SPAIN 2021 11.40 30.00 42.00

SHIRAZ GRENACHE CINSAULT 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA 2024 12.20 32.10 45.00