

SMALL BITES 5 for £28

KALAMATA OLIVES 250kcal	5.00	SOURDOUGH BREAD	6.50
CHAPATTIS	5.50	with Indian spiced butter 295kcal	
with raita and mango chutney 189kcal		FRIED PANEER	6.50
DHAL FRITTERS	5.50	with honey and chat masala 525kcal	
with a spiced chutney 259 kcal		BEEF SATAY	7
CHICKEN SKEWERS	6.50	with sweet soy and lime dressing 330kcal	
with peanut sauce 333kcal		TANDOORI PRAWNS	8
		with chat masala 215kcal	

STARTERS

TIBETAN NOODLE SOUP *	7.50
with pak choi and chilli sauce 75kcal	
VIETNAMESE POACHED CHICKEN SALAD *	12
with peanuts, chilli, mint and coriander 310kcal	
SLOW COOKED PORK	13
with ginger, chilli, soy and tamarind 388 kcal	
ST AUSTELL BAY MUSSELS *	14
with chilli, garlic and lemon 257kcal	
CHEF WAN'S PRAWN NOODLE SALAD	14
with peanuts, chilli and coriander 514kcal	
SALT AND PEPPER PRAWNS *	16
with cucumber, spinach and a soy and sesame dressing 487kcal	

LUNCH SPECIALS

KOREAN CHICKEN BAO BUNS	14
with pickled red onion, coriander and black sesame seeds served with Asian coleslaw 489kcal	
CRISPY SPRING ROLL	14
with Asian coleslaw and Noch Cham dipping sauce 265kcal	

MAINS

BEETROOT CURRY*	17
an aromatic Sri Lankan curry with basmati rice, crispy onions and fresh coriander 436kcal	
HANOI CHICKEN BROTH*	19.50
with pak choi, mint, coriander, and vermicelli noodles 402kcal	
FISH PAKORA*	22
an Indian twist on a classic fish and chips with chat masala chips and Rick's tomato chutney 945kcal	
FISH IN A PARCEL	22
Salmon with a coconut spice blend, kachumber salad and basmati rice 668 kcal	
PONDICHERRY FISH CURRY*	25
a fragrant southern Indian curry with basmati rice and a poppadom 950kcal you can chose our forgotten fish option or Hake. Please speak to the team to help you make this choice.	
8OZ RUMP STEAK	32
with roasted red pepper and smoked paprika chimichurri and thin cut chips 702kcal	

EARLY SUPPER BY THE SEA

2 courses 19.75 | 3 courses 23.95

Served Monday to Thursday, 5pm – 6pm

TIBETAN NOODLE SOUP – PONDICHERRY FISH CURRY – LEMON AND YUZU POSSET

3 COURSES FOR £35 Choose any dish marked with *

£3 supplement for salt and pepper prawns.

SIDES

POPPADOMS 130kcal	2	CHAT MASALA CHIPS 48 kcal	6.50
ASIAN COLESLAW 37kcal	5	CHILLI SPICED CABBAGE	6
THIN CUT CHIPS 479kcal	5.50	with coconut, mustard seeds and curry leaves 132kcal	

GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



Please ask for information on allergens. Adults need around 2000 kcal a day.
A 12.5% service charge will be added to your bill.

COCKTAILS

RHUBARB ROYALE 10.50 | NEGRONI 12.50 | PALOMA 11.50 | ESPRESSO MARTINI 11.50
YUZU AND BERRY SPRITZ 12.50 | CRYSTAL COLADA 15.25 | MARGARITA 15.25

MOCKTAILS

SODA POP 12.00 | EVERLEAF PICANTE 10.95

OUR FAVOURITE SPIRITS

RICK STEIN TARQUIN'S GIN 6.75 | TARQUIN'S GIN 6.50 | CONNIE GLAZE VODKA 5.75
DOORLY'S DARK OR WHITE RUM 5.25 | BRUGAL GOLDEN RUM 5.75

BEER

CHALKY'S BITE (6.8%) 6.25 | ASAHI (5%) 5.75
TRIBUTE (4.2%) 6.25 | KOREV (4.8%) 5.75 | LUCKY SAINT (0.5%) 5.75

SOFT DRINKS

COKE 4.00 | DIET COKE 3.75 | LEMONADE 4.00 | HIP HOP APPLE AND ELDERFLOWER 4.75
GUSTO SICILIAN BLOOD ORANGE 4.50 | GUSTO SICILIAN LEMON YUZU 4.75
BUNDABERG GINGER BEER 4.75 | AGUA DE MADRE PINK GRAPEFRUIT AND LIME 5.75
ORANGE JUICE 4.25 | APPLE JUICE 4.25

SAKE AKASHI

GINJO UMESHU 8.50 | HONJOZO TOKUBETSU 8.50

CHAMPAGNE & SPARKLING WINE

Glass Bottle

PROSECCO BRUT ARGEO, RUGGERI, ITALY	8.40	43.00
CAMEL VALLEY SPARKLING ROSÉ, CORNWALL		71.00
RICK STEIN'S CHAMPAGNE BLANC DE BLANCS, FRANCE NV	15.00	72.00

WHITE WINE

Glass Carafe Bottle

VERMENTINO, LES VIGNES DE L'EGLISE, LANGUEDOC, FRANCE	8.90	23.60	33.00
IGP COTES DE GASCOGNE, DUFFOUR PERE ET FILS, SOUTH WEST FRANCE	9.20	24.30	34.00
LES VOLETS CHARDONNAY, IGP HAUTE VALLEE DE L'AUDE	13.30	25.70	36.00
VINHO VERDE 'SIGNUS', QUINTA DA LIXA, PORTUGAL	10.80	28.60	40.00
RICK STEIN'S SPANISH WHITE, VERDEJO, ECOLOGICO, DO RUEDA, SPAIN 2024 (ORGANIC)	10.80	28.60	40.00
CHENIN BLANC 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA	13.00	34.30	48.00
SAUVIGNON BLANC, WAIRAU RIVER, MARLBOROUGH, NEW ZEALAND	13.00	34.30	48.00
RICK STEIN'S WHITE BURGUNDY, MÂCON, FRANCE	15.70	41.40	58.00

ROSE WINE

ANCORA ROSATO, CHIARETTO, ITALY	8.10	21.40	30.00
CHÂTEAU BAUDUC ROSÉ, BORDEAUX, FRANCE	11.10	29.30	41.00

RED WINE

LES ARCHERES CARIGNAN, IGP PAYS DE L'HÉRAULT, FRANCE	7.80	20.70	29.00
NERO D'AVOLA/ NERELLO MASCALESE, BORGO SELENE, SICILY, ITALY	8.60	22.90	32.00
DOMAINE MAS BAHOURAT MERLOT, IGP PAYS DU GARD	9.50	25.00	35.00
ADOBE RESERVA PINOT NOIR [ORGANIC]	10.80	28.60	40.00
RICK STEIN'S SPANISH RED, GARNACHA, CAMPO DE BORJA, SPAIN	10.80	28.60	40.00
MALBEC, KAIKEN CLASICO, MENDOZA, ARGENTINA	11.40	30.00	42.00
RIOJA CRIANZA, GRAN DOMINIO, SPAIN	11.60	30.70	43.00
SHIRAZ GRENACHE CINSAULT 'SECATEURS', AA BADENHORST, SWARTLAND, SOUTH AFRICA	12.20	32.10	45.00