

FISH & CHIPS

"The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world." - Rick

MARKET FISH	14
Lesser known species, changes every day	
HAKE 1261 kcal	17
LEMON SOLE 1266 kcal	18
HADDOCK 1145 kcal	19.50
COD 1279 kcal	22

Gluten free?

We have a batter available with no gluten containing ingredients, please ask our team

GRILLED FISH

All served with potato salad and mixed leaf salad

MARKET FISH	14
HAKE 604 kcal	17
LEMON SOLE 718 kcal	18
HADDOCK 630 kcal	19.50
COD 715 kcal	22

SHARING PLATTER

SHARE & COMPARE 2805 kcal 38.50
A sharing platter of four different battered fish species to try, served with chips, mushy peas, curry sauce and Rick's signature tartare sauce.

SUMMER SPECIAL

DRESSED CORNISH CRAB 292 kcal 27.50
Potato salad, mixed leaf salad and mayonnaise

BURGERS & ROLLS

All served with chips

HALLOUMI BURGER 995 kcal	15
Chipotle chilli relish	
THE FISTRAL BURGER 780 kcal	18
With melted Cornish brie and caramelised onion	
<i>THE BIG FISTRAL BURGER</i> 859 kcal	24
Our classic Fistral burger, double the size	
 JACK STEIN'S SINGAPORE CHILLI CRAB BURGER 969 kcal	19
LOBSTER ROLL 834 kcal	21
Fresh Cornish lobster with miso mayonnaise	

ASIAN

PAD THAI NOODLES 918 kcal	16
A delicate balance of chicken and prawns with soft noodles, the crunch of peanuts and beansprouts and flavours of sweet, salt, hot and sour	
NASI GORENG 646 kcal	16
An Indonesian inspired dish of egg fried rice, chicken, prawns, lime and sugar	

CURRY

All served with basmati rice

THAI GREEN AUBERGINE (V) 189 kcal	14
With coconut, chilli, lemongrass, garlic and ginger	
Add: Chicken 120 kcal 2 Prawns 148 kcal 2	
PONDICHERRY FISH 739 kcal	15
A fragrant curry from southern India	
BEEF VINDALOO 913 kcal	16
Traditional recipe from Goa using beef shin	
Add: ALL 2	
Mango Chutney 75 kcal	
Lime Pickle 70 kcal	
Poppadoms 36 kcal	
Chapati 120 kcal	



Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.

MUSSELS

All served with bread

MOULES MARINIÈRE 922 kcal	16.50
YELLOW KROEUNG 388 kcal	16.50

ON THE SIDE OR TO SHARE

HALLOUMI SAGANAKI 497 kcal	7.50
Drizzled with honey	
CORNISH PORK SAUSAGES	8.50
Battered or unbattered 465 kcal	
SALT & PEPPER PRAWNS 324 kcal	10
SCAMPI 649 kcal	6 12.50

ADD CHIPS 578 kcal 4

SIDES

BREAD ROLL 102 kcal	1.50
CHIPS 743 kcal	4
POTATO SALAD 387 kcal	4
MIXED LEAF SALAD 212 kcal	4.50

SAUCES *made in Padstow*

TARTARE 251 kcal	1.50
MAYONNAISE 369 kcal	1.50
AIOLI 406 kcal	1.50
MUSHY PEAS 25 kcal	2.50
GOAN CURRY 63 kcal	2.50

Ask for scraps on us

DESSERTS

all 7

All our morish desserts are made in Padstow to Rick's own recipes. Served in individual jars they can be eaten in or taken away.

SALTED CARAMEL CHEESECAKE 400 kcal

MISSISSIPPI MUD PIE 300 kcal

MANGO & PASSION FRUIT CHEESECAKE 400 kcal

WHITE CHOCOLATE & RASPBERRY FOOL 160kcal

HOT DRINKS

EARL GREY TEA 3

ENGLISH BREAKFAST TEA 3.25

AMERICANO 3.50

FLAT WHITE 3.50

LATTE / CAPPUCCINO 3.50

ESPRESSO DOUBLE 3.50

HOT CHOCOLATE 3.50

Add:

Whipped cream and marshmallows 1

Caramel or vanilla syrup 0.50 each

BOOZY HOT CHOCOLATES

all 7.50

Served with whipped cream and marshmallows
Choose from: Dead Man's Fingers spiced rum,
Cointreau or Jameson whiskey.

TRELEAVENS CORNISH ICE CREAM

1 SCOOP 273 kcal 3

2 SCOOPS 546 kcal 4.50

Award winning luxury Cornish ice cream:

There's always room for Cornwall's finest ice cream and sorbets, made using dairy from local farms and the highest quality ingredients.

BUBBLEGUM

CHOCOLATE

MANGO SORBET (VG)

MILLIONAIRE SHORTBREAD

MINT CHOC CHIP

PEACH & PASSIONFRUIT

PINEAPPLE SORBET (VG)

RHUBARB CRUMBLE & CLOTTED CREAM

SALTED CARAMEL

STRAWBERRY & CREAM

VANILLA

WHITE CHOCOLATE & RASPBERRY

Add:

Fudge stick 0.75 | Chocolate flake 0.75 each

GIBSON'S OF LOOE DOGGY ICE CREAM 3

(V) Vegetarian (VG) Vegan

(GF) No gluten containing ingredients