



Sample Menu

APPETISERS	DORSET OYSTERS with shallot vinaigrette and lemon	49 kcal	5
	BANG-BANG CAULIFLOWER with crispy coating, sweet and sour sauce	49 kcal	6
	CHORIZO CROQUETTAS	233 kcal	6.50
	BREAD AND BUTTER from sourdough revolution Lechlade	778 kcal	7.50
	PADRON PEPPERS 'A LA PLANCHA' from Padstow Kitchen Garden	357 kcal	8
	PRAWN TEMPURA with Nam Jim dipping sauce	379 kcal	8
STARTERS	SMOKED MACKEREL PÂTÉ with sourdough and salad	360 kcal	8.50
	FRISÉE SALAD with egg, bacon and croutons	563 kcal	9.50
	DEVILLED KIDNEYS on sourdough	576 kcal	10.50
	FISH AND SHELLFISH SOUP served with rouille, croutons and Parmesan	451 kcal	13.50
	MOULES MARINIÈRE with sourdough	1536 kcal	16
	SALT AND PEPPER PRAWNS with cucumber, spinach and soy and sesame dressing	491 kcal	16
MAINS	SCALLOPS IN THE HALF SHELL with hazelnut butter	406 kcal	18
	VEGETABLE GOAN CURRY	524 kcal	17
	HADDOCK AND CHIPS with mushy peas, and tartare sauce	1487 kcal	24
	GRILLED COLEY with spring onion mash and soy butter sauce	532 kcal	24
	CRAB LINGUINE handpicked white Cornish crab meat, olive oil, chilli, garlic and parsley	791 kcal	28
	WHOLE PLAICE with roasted red peppers, oregano, garlic and chilli	775 kcal	30
	INDONESIAN SEAFOOD CURRY coley, bream, and prawns with basmati rice and a green bean and grated coconut salad	1376 kcal	34
	FILLETS OF SEA BASS with beurre blanc and spinach	1256 kcal	35
	CORNISH LOBSTER grilled with fines herbes, chips and salad	1097 kcal	38
	<i>During the summer Cornish lobsters are bountiful and deserve to be celebrated, so until 31<sup>st</sup> August we're offering lobster for a very special price</i>		
SIDES	GARDEN SALAD with house dressing	215 kcal	5.50
	THIN CUT CHIPS	790 kcal	5.50
	COURGETTE with chilli garlic	241 kcal	6.50
	KALE with confit shallot	131 kcal	6.50
	SAVOY CABBAGE with bacon and chives	280 kcal	6.50

DAILY LUNCH SPECIALS

ALL 17.95

- STEAK FRITES 981 kcal
- LOBSTER ROLL 1133 kcal
- MOULES FRITES 1735 kcal
- LAMB KARAHI 733 kcal

Available Wednesday to Sunday, 12pm – 5pm

FIXED - PRICE MENU

2 COURSES 19.75 | 3 COURSES 23.95

- FRISÉE SALAD with egg, bacon and croutons 563 kcal
- GRILLED COLEY with spring onion mash, soy butter sauce 532kcal
- VANILLA CRÈME BRÛLÉE 320 kcal

Available Wednesday to Friday, 12pm – 3pm and 5pm – 9pm

DESSERTS	SUNKEN CHOCOLATE CAKE with Cornish clotted Cream	637 kcal	9
	BAKEWELL TART with Cornish clotted cream	808 kcal	9
	VANILLA CRÈME BRÛLÉE	320 kcal	9.50
	PAVLOVA with rhubarb jam	605 kcal	9.50
	PANNA COTTA with berry compote	616 kcal	10
CHEESE	A SELECTION OF CHEESES with biscuits	631 kcal	13.50
ICE CREAM & SORBET	SELECTION OF CORNISH ICE CREAMS AND SORBETS 3 scoops	706 kcal	7.50

Please ask for information on allergens. | Adults need around 2000 kcals a day.  
A discretionary 12.5% service charge will be added to your bill.