SMALL BITES

FLATBREAD Baba ghanoush and tzatziki	5.50	TANDOORI SPICED PRAWNS	6.50
HALLOUMI with red pepper dip	5.50	AMRITSARI FISH with green chilli chutney	6
BEEF SATAY with sweet soy and lime dressing	6		
STARTERS			
CAULIFLOWER FRITTERS * with cashew sauce			7.50
PONDICHERRY SARDINE FISH FR whole sardines with kachumber salad	•		9.50
VIETNAMESE POACHED CHICKEN SALAD * with peanuts, chilli, mint and coriander			11.50
ST AUSTELL BAY MUSSEL MASALA * With onion, green chilli, ginger and curry leaves			13.50
GRILLED SCALLOPS with ginger, garlic and greens		1 for 6.50	3 for 19
SALT AND PEPPER PRAWNS with cucumber, spinach and a soy a	nd sesame dr	essing	16

LUNCH SPECIALS all served with thir	n cut chips	
MARINATED SALMON with passion fruit, lime and coriander		
BEEF KATI ROLL with pickled onion and green chilli		15
CRISPY SOFT-SHELL CRAB SALAD with peanut sauce		19
BAO BUNS two bao buns served with thin cut chips		14
BBQ PORK with pickled carrot, spring onion and chilli SPICED CAULIFLOWER with carrot, spring onion and coriander	KOREAN CHICKEN with red onion, coriander and black sesame seeds	

MAINS

AUBERGINE * braised with soy ginger and chilli served with basmati rice and pak choi	16
GRILLED MACKEREL BURGER * with pico de gallo, mayonnaise, cholula and thin cut chips	18
INDONESIAN CHICKEN BROTH * with vermicelli noodles, a boiled egg, chilli and crispy basil	19
FISH PAKORA * with mushy peas, tomato chutney and chat masala thin cut chips	20
PONDICHERRY HAKE CURRY * a fragrant southern Indian curry with basmati rice and a poppadom	23
MISO SALMON with vermicelli noodles and spring onion	26
8OZ RUMP STEAK with roasted red pepper and smoked paprika chimichurri and thin cut chips	29

3 COURSES FOR £34 Choose any dish marked with *

SIDES

CHAPATIS	2	CHAT MASALA CHIPS	5.50
POPPADOMS	2	CHILLI SPICED CABBAGE	6
ASIAN COLESLAW	4	with coconut, mustard seeds and curry	
THIN CUT CHIPS	5.50	leaves	

GIFT CARDS

Delight friends and family with a Rick Stein gift card, redeemable in all our restaurants, rooms, cookery school, shops and online.



DESSERTS

LEMON AND YUZU POSSET * with a gingerbread crumb 425 kcal	8.50
RICE PUDDING BRÛLÉE 224 kcal *	8.50
CHEESECAKE * with a pear and ginger compote 442 kcal	9
STICKY TOFFEE PUDDING * with Cornish clotted cream 1053 kcal	9
A SELECTION OF CORNISH ICE CREAMS AND SORBETS * 3 scoops Madagascan vanilla Pistachio Strawberries and cream Chocolate Salted Caramel Coconut Raspberry Mango Pineapple Lemon & lime 591 kcal	7.50
3 CHEESE SELECTION Ashlyn Goats' cheese, Colston Bassett Stilton and Cornish Yarg with toasted walnuts, honey and oat biscuits 815 kcal	13.50

DESSERT WINE

Domaine de Grange Neuve, 2017 Monbazillac 7.50 (100ml glass) | 35.00 (500ml bottle) Late Harvest Tokaji Katinka, Patricius, Hungary 2021 | 15.30 (70ml glass) | 44 (375ml bottle)

SHERRY (70ml) Manzanilla Papirusa, Lustau 7.70

WHISKY/WHISKEY

Oban 14 YO Classic Malt 9.50 | Eagle Rare 10YO Single Barrel 6.00 Glenmorangie 10YO 6.00 | Laphroaig 10YO 6.50 | Nikka Miyagikyou Nikka From The Barrel 9.00 | Jameson 5.0 | Glenmorangie 5.25 Jack Daniels 6.00

LIQUEUR

Disaronno 3.95 | Frangelico 3.95 | Grand Marnier 4.00

COGNAC & ARMAGNAC

Maxime Trijol VSOP 8.50 | Castarède Bas Armagnac 20yr 7.50