Rik Dein

Sample Menu

### **APPETISERS & SHARING PLATES**

"I love starting lunch or dinner with a few plates for everyone to share."

CAULIFLOWER FRITTERS with cashew sauce 110 kcal 4.95

HALLOUMI SAGANAKI dusted in semolina. Fried in olive oil and drizzled with honey, black sesame seeds 631 kcal 6.75

HOXTON SOURDOUGH with salted butter 1020 kcal 6.95

PULPO A LA FERIA warm octopus with Pimentón Picante and extra virgin olive oil 293 kcal 9.95

**OYSTERS** 

Raw 50 kcal 5 | Tempura 213 kcal 6 | Rockefeller 120 kcal 6 | Charentaise 312 kcal 6.50 Dorset CAVIAR

Cornish Salted Baerii 63 kcal 40 | Oscietra 54 kcal 45 | Beluga 56 kcal 60 Served with blinis and crème fraîche

#### **STARTERS**

"Should you wish to share some starters we can present them so you can all help yourself."

DEEP GREEN SPINACH SOUP with poached egg and Parmesan 326 kcal 7.95

CRISPY MACKEREL SALAD with apple, shallots, carrots, peanuts, coriander and chilli 503 kcal 11.95

WEST COUNTRY MUSSELS with yellow Kroeung, coconut milk and makrut lime leaf 862 kcal 14.95

TWICE BAKED GOAT'S CHEESE AND THYME SOUFFLÉ 520 kcal 15.95

SMOKED HADDOCK with a mild potato curry topped with a poached egg 235 kcal 15.95

DEEP FRIED COCONUT PRAWNS a dish from the Yucatá peninsula accompanied by a papaya dipping sauce 402 kcal 16.95

BLACK RISOTTO WITH CUTTLEFISH a favourite recipe from my 'Venice to Istanbul' book. Actually, from Croatia and very black indeed! 405 kcal 16.95

SCALLOPS with truffle butter, croutons and chives 180 kcal 22.95

## THE RAW BAR

# SASHIMI OF SCALLOPS, BASS, SALMON AND YELLOWFIN TUNA

with wasabi, Japanese horseradish, pickled ginger and soy dipping sauce 185 kcal 28.95

SINGAPORE CHILLI CRAB

stir-fried whole crab with garlic, ginger, chilli and

coriander 1055 kcal 44.95

## SEA BASS CEVICHE

chilli, pomegrante and coriander 185 kcal 16.95

## SALMON AND TUNA TARTARE

smoked salmon, tuna and Loch Duart salmon with avocado, tomato and cayenne pepper 208 kcal 15.95

# SHELLFISH

# THE "FRUIT DE MER"

lobster, crab, razor clams, cockles, crevettes, scallops, oysters, mussels, whelks and winkles.

Served on ice

Small 481 kcal 47.50 (Exclude lobster) Large 797 kcal 85 (Half lobster) Sharing for two 1070 kcal 120 (Whole lobster)

# HOT SHELLFISH

brown crab claws, razor clams, clams, scallops, oysters, mussels, whelks, winkles and langoustines with parsley, chilli, olive oil, garlic and lemon 1099 kcal 47.50

# MAINS

MARKET FISH ON THE BONE from day boats landing at Newlyn harbour, market price

HADDOCK AND CHIPS mushy peas, curry sauce, tartare sauce and thick cut chips (One Feeds Two Every time you order fish and chips, we donate a school meal to a child in poverty) 1432 kcal 26

CRAB LINGUINE handpicked white crab meat, olive oil, chilli, garlic and parsley 621 kcal 26.95

PAN FRIED HAKE with butterbeans, fennel, egg and aioli 528 kcal 27.95

INDONESIAN SEAFOOD CURRY with sea bass, cod and prawns with basmati rice and a green bean and grated coconut salad 1424 kcal 33.50

TURBOT HOLLANDAISE turbot in the English style, simple and probably a nicer way of eating this wonderful fish than anything more elaborate 1104 kcal 50.00

10OZ RIBEYE STEAK from our butcher Phillip Warren, Launceston. Served with baby gem salad, thick cut chips and peppercorn sauce 1786 kcal 39.95 RISOTTO PRIMAVERA 649 kcal 16.95

## LOBSTER Market Price

# GOAN LOBSTER LOBST

# "a favourite of mine, the spice doesn't overwhelm." served with cucumber and lime salad 968 kcal

# LOBSTER THERMIDOR

a classic French dish of Padstow lobster cooked in a light cream and Noilly Prat sauce with fines herbes. Gratinated with Parmesan and served with thin cut chips 1477 kcal

# GRILLED PADSTOW LOBSTER

served with fines herbes and buttered potatoes

# SIDES

THICK CUT CHIPS 790 kcal 5.50

TRUFFLE CHIPS truffle butter and Parmesan 1127 kcal 9

SAUTEED POTATOES with salsa verde 323 kcal 5.95

GARDEN SALAD with fines herbes and sliced fennel 121 kcal 5.95

RICE with cinnamon, cloves and cardamom 213 kcal 3.50 CARROTS with tarragon and butter 123 kcal 6.50 KALE with confit garlic and fennel seeds 686 kcal 6.95 HISPI CABBAGE with soy and mirin 239 kcal 6.50



## **DESSERTS**

### BERRY COMPOTE PAVLOVA

with whipped cream 9.95 377 kcal

\* Monbazillac, Château Ramon, Bordeaux, France (100ml) 8.00

#### STICKY TOFFEE PUDDING

with clotted cream 10.50 984 kcal

\* Tawny port (70ml) 8.00

#### HOT CHOCOLATE FONDANT

with pistachio ice cream 12.95 579 kcal

(Please allow approximately 15min cooking time)
\* Late Harvest Tokaj Katinka, Patricius, Hungary 2021
(100ml) 15.30

### **AFFOGATO**

vanilla ice cream, espresso, and Frangelico (25ml) 9.50 624 kcal

#### CHOCOLATE PAVÉ

peanut butter crumb, crystallized peanuts and salted caramel ice cream 1003 kcal 9.95 \* Muscat classic liqueur, Morris of Rutherglen, Victoria, Australia (70ml) 9.95

#### **PARIS-BREST**

a patisserie work of art, choux pastry and praline mousseline cream 676 Kcal 10.95

\* Gewurztraminer Vendanges Tardives, Trimbach, Alsace, France 2018 (100ml) 19.50

ICE CREAMS AND SORBETS 3.50 per scoop 229 kcal ice creams: salted caramel, vanilla, chocolate, strawberry and coconut sorbet: lemon, raspberry, rhubarb and mango

A SELECTION OF CHEESES Cheddar, Brie, Roquefort, Epoisses and Ash Lynn. Served with Peter's Yard crispbread, oat biscuits and beetroot chutney 18.00 930 kcal

#### POR<sub>1</sub>

Late bottled Vintage (LBV), Quinta de la Rosa, 2017 7.70 Tawny Port, Quinta de la Rosa 10-year-old 8.00 Vintage, Quinta de la Rosa, 2009 20.50

\* Sommelier recommendation

## LIQUEUR COFFEES

IRISH COFFEE 8.00

BAILEYS 8.00

FRIAR'S COFFEE 8.00

FRENCH COFFEE 8.00

AMARETTO COFFEE 8.00
CALYPSO COFFEE 10.50

## AFTER DINNER COCKTAILS

#### **ESPRESSO MARTINI**

Freshly brewed espresso, vodka and coffee liqueur shaken over ice.

A true post dinner drink 11.95

#### BRANDY ALEXANDER

VS Cognac, Crème de cacao, double cream, garnished with a grating of nutmeg 10.95

#### CHOCOLATE MARTINI

Belvedere vodka, crème de cacao, chocolate syrup and topped with double cream 12.00