

RICK STEIN FISH & CHIPS

FISH & CHIPS

Battered or grilled, served with tartare sauce and unlimited chips

"The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world." - Rick

Forgotten fish	an unsung species, changes daily	12	Hake	1696 kcal 1347 kcal	16
Whiting	1125 kcal 657 kcal	13	Lemon sole	1474 kcal 1188 kcal	17
Haddock	1696 kcal 1348 kcal	19	Cod	1696 kcal 1349 kcal	21

Gluten free? We have a batter available with no gluten containing ingredients, please ask our team.

Halloumi saganaki	drizzled with honey	1003 kcal	7
Cornish pork sausages	battered or unbattered	1216 995 kcal	8
Fish taco	pica de gallo and chipotle crema	477 kcal	9
Salt and pepper prawns		360 kcal	10
Halloumi burger	chipotle chilli relish	1014 kcal	10
Scallops	battered or grilled	352 kcal 43 kcal	12
Scampi		2383 kcal	12
Cheese burger	chipotle chilli relish	589 kcal	12
Fish chilli burger	chipotle mayonnaise	1096 kcal	12



Jack Stein's	
Fish finger sandwich	869 kcal 12
Singapore chilli crab burger	in tempura 1122 kcal 14

Add: Unlimited chips 3.95
We'll keep the chips coming until you wave your blue napkin

CURRIES with basmati rice

Vegetarian chickpea curry	240 kcal	12
Goan chicken curry	467 kcal	14
Add: Chapati	120 kcal 2 Poppadom 36 kcal 2 Mango chutney 75 kcal 2	

Share and compare *Plenty for two 35*
A sharing platter of four different fish to try, battered and served with chips, mushy peas, curry sauce and Rick's signature tartare sauce. 1924 kcal

Family feast *Plenty for four 45*
A sharing platter perfect for the family. Breaded lemon sole goujons, fish bites, scampi, halloumi saganaki, chips, onion rings, spinach and watercress salad with a soy dressing, mayonnaise, tartare sauce and gravy. 8266 kcal

SIDES

Bread roll	80 kcal	1.50
Unlimited chips	578 kcal	3.95
Onion rings	126 kcal	4
Mixed leaf salad	20kcal	4
Spinach and watercress salad	20kcal	5
Chip butty	402 kcal	5.50
Cheesy chips	990 kcal	6.50

SAUCES *made in Padstow*

Tartare	250 kcal	1.50
Gravy	34 kcal	1.50
Mayonnaise	180 kcal	1.50
Aioli	300 kcal	1.50
Mushy peas	246 kcal	2.50
Goan curry	120 kcal	2.50

Ask for scraps on us

KIDS AND SMALLER APPETITES all 7.50

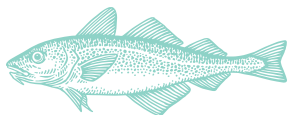
Fish and chips
Sausage and chips
Scampi and chips
Lemon sole goujons and chips

MAKE IT A FEAST + 2.50

Choose:
A Cawston Press juice
Apple & mango | Apple & summer berries
A scoop of Treleavens Cornish ice cream
Ask for today's choices.

Our fish and chips are cooked in beef dripping, please ask for our vegetarian & gluten free options. Please ask if you need any information on allergens.

A discretionary service of 7.5% will be added to your bill. Adults need around 2000 kcal a day.



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DESSERTS

Chocolate brownie 503 kcal
served with a scoop of Cornish ice cream 4

Dessert pots
made here in Padstow to Rick's own recipes 6

Salted caramel cheesecake 400 kcal

Mississippi mud pie 300 kcal

Mango and passion fruit cheesecake 400 kcal

White chocolate and raspberry fool 160 kcal

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