



## RICK STEIN FISH & CHIPS

### FISH & CHIPS

Battered or grilled, served with tartare sauce and unlimited chips

*"The heart of a British seafood restaurant should be great fish and chips. When done properly with excellent fish cooked in a crisp batter in beef dripping plus thick chips which have never been near a freezer, it is one of the greatest dishes of the world." - Rick*

Whiting 1125 kcal   657 kcal	12	Lemon sole 1474 kcal   1188 kcal	18
Forgotten fish an unsung species, changes daily	14	Haddock 1696 kcal   1348 kcal	19.50
Hake 1696 kcal   1347 kcal	17	Cod 1696 kcal   1349 kcal	22

Gluten free? We have a batter available with no gluten containing ingredients, please ask our team.

Halloumi saganaki drizzled with honey 1003 kcal	7.50
Cornish pork sausages battered   unbattered 1216   995 kcal	8.50
Fish taco pica de gallo and chipotle crema 477 kcal	10
Salt and pepper prawns 360 kcal	10
Halloumi burger chipotle chilli relish 1014 kcal	11
Fish chilli burger chipotle mayonnaise 1096 kcal	12
Scallops battered or grilled 352 kcal   43 kcal	12.50
Scampi 2383 kcal	12.50
Cheese burger chipotle chilli relish 589 kcal	13
Jack Stein's	
Fish finger sandwich 869 kcal	12.50
Singapore chilli crab burger in tempura 1122 kcal	15



Add: Unlimited chips 4  
*We'll keep the chips coming until you wave your blue napkin*

### CURRIES with basmati rice

Vegetarian chickpea curry 240 kcal	12.50
Goan chicken curry 467 kcal	14.50
Add: Chapati 120 kcal 2   Poppadom 36 kcal 2   Mango chutney 75 kcal 2	

Share and compare *Plenty for two* 38.50  
A sharing platter of four different fish to try, battered and served with chips, mushy peas, curry sauce and Rick's signature tartare sauce. 1924 kcal

Family feast *Plenty for four* 45  
A sharing platter perfect for the family. Breaded lemon sole goujons, battered fish of the day, scampi, chips, onion rings, mixed leaf and cherry tomato salad, mayonnaise, tartare sauce and gravy. 8266 kcal

### SIDES

Bread roll 80 kcal	1.50
Unlimited chips 578 kcal	4
Onion rings 126 kcal	4.50
Mixed leaf salad 20kcal	4.50
Spinach and watercress salad 20kcal	5
Chip butty 402 kcal	6
Cheesy chips 990 kcal	6.50

### SAUCES *made in Padstow*

Tartare 250 kcal	1.50
Gravy 34 kcal	1.50
Mayonnaise 180 kcal	1.50
Aioli 300 kcal	1.50
Mushy peas 246 kcal	2.50
Goan curry 120 kcal	2.50

Ask for scraps on us

### KIDS AND SMALLER APPETITES all 7.50

Fish and chips  
Sausage and chips  
Scampi and chips  
Lemon sole goujons and chips

### MAKE IT A FEAST + 2.50

Choose:  
A Cawston Press juice  
Apple & mango | Apple & summer berries  
A scoop of Treleavens Cornish ice cream  
Ask for today's choices.

Our fish and chips are cooked in beef dripping, please ask for our vegetarian & gluten free options. Please ask if you need any information on allergens.

A discretionary service of 7.5% will be added to your bill. Adults need around 2000 kcal a day.