

PADRON PEPPERS (357 Kcal) STARTERS ROASTED RED PEPPER & TOMATO SOUP basil and olive oil, served with sourdough bread (334 Kcal) DEVILLED KIDNEYS Inushrooms on grilled sourdough (576 Kcal) SALA DS as a starter or a main CLASSIC CAESAR ID 18 SPANISH SALAD servan beans and hazelnuts, mixed with little gem lettuce (217 Kcal) WHOLE DEVILLED MACKEREL 16 STEAK & ALE PIE from Penny's Pies, Cornwall mashed potatoes, seasonal vegetables and gravy SCAMPI IN THE BASKET chips and tartare sauce (600 Kcal) FISH GOUJONS AND CHIPS tartare sauce and mixed leaf salad (1100 Kcal) TOWARD STEAK & COOMBESHEAD SOURDOUGH (840 Kcal) served with basmati rice, poppadom and mango chutney (733 Kcal) PONDICHERRY FISH CURRY a fragrant southern Indian curry with basmati rice, poppadom and mango chutney (733 Kcal)	11 15 16 20 22	CHARCUTERIE BOARD A selection of dried cured meats, sun-dried tomatoes, gherkins and sourdough (686 Kcal) GRILLED SCALLOPS soy, ginger, coriander and sesame oil (138 Kcal) BAKED WHOLE CAMEMBERT FOR TWO new potatoes, gherkins, beetroot chutney and grilled sourdough (1360 Kcal) HOT SMOKED SALMON SALAD horseradish, beetroot and new potatoes (187 Kcal) HOT SMOKED SALMON SALAD horseradish, beetroot and new potatoes (187 Kcal)
DASTED RED PEPPER & TOMATO SOUP usil and olive oil, served with sourdough bread (334 Kcal) EVILLED KIDNEYS ushrooms on grilled sourdough (576 Kcal) SALT & PEPPER PRAWNS cucumber and spinach salad (445 Kcal) SALT & SPANISH SALAD servano ham, artichokes, green beans and hazelnuts, mixed with little gem lettuce (217 Kcal) WHOLE DEVILLED MACKEREL tomato and onion salad (164 Kcal) SCAMPI IN THE BASKET chips and tartare sauce (600 Kcal) FISH GOUJONS AND CHIPS tartare sauce and mixed leaf salad (1100 Kcal) 8 CHICKEN WINGS, TAMARIND & CHICKEN WINGS, TAMARINE Mango, lime and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 K	15	GRILLED SCALLOPS soy, ginger, coriander and sesame oil (138 Kcal) BAKED WHOLE CAMEMBERT FOR TWO new potatoes, gherkins, beetroot chutney and grilled sourdough (1360 Kcal) HOT SMOKED SALMON SALAD horseradish, beetroot and new potatoes (187 Kcal)
CHICKEN WINGS, TAMARIND & CHILLI SAMBAL mango, lime and coriander (300 Kcal) SALADS as a starter or a main ASSIC CAESAR d: chicken 5 halloumi 5 (460 / 630 Kcal) WHOLE DEVILLED MACKEREL tomato and onion salad (164 Kcal) SCAMPI IN THE BASKET chips and tartare sauce (600 Kcal) FISH GOUJONS AND CHIPS tartare sauce and mixed leaf salad (1100 Kcal) 8 CHICKEN WINGS, TAMARIND & CHICKEN WINGS, TAMARING SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300 Kcal) SALT & PEPPER PRAWNS cucumber and coriander (300	15	BAKED WHOLE CAMEMBERT FOR TWO new potatoes, gherkins, beetroot chutney and grilled sourdough (1360 Kcal) HOT SMOKED SALMON SALAD horseradish, beetroot and new potatoes (187 Kcal)
CHILLI SAMBAL mango, lime and coriander (300 Kcal) **SALADS** as a starter or a main **ASSIC CAESAR** dt. chicken 5 halloumi 5 (460 / 630 Kcal) **WHOLE DEVILLED MACKEREL** tomato and onion salad (164 Kcal) **SCAMPI IN THE BASKET** chips and tartare sauce (600 Kcal) **FISH GOUJONS AND CHIPS** tartare sauce and mixed leaf salad (1100 Kcal) **CHILLI SAMBAL** mango, lime and coriander (300 Kcal) **SALT & PEPPER PRAWNS cucumber and spinach salad (1445 Kcal) **SPANISH SALAD** serrano ham, artichokes, green beans and hazelnuts, mixed with little gem lettuce (217 Kcal) **SPANISH SALAD** serrano ham, artichokes, green beans and hazelnuts, mixed with little gem lettuce (217 Kcal) **STEAK & ALE PIE from Penny's Pies, Cornwall mashed potatoes, seasonal vegetables and gravy **LAMB KARAHI** rich, dark spicy lamb curry with spinach, served with basmati rice, poppadom and mango chutney (733 Kcal) **PONDICHERRY FISH CURRY**	15	BAKED WHOLE CAMEMBERT FOR TWO new potatoes, gherkins, beetroot chutney and grilled sourdough (1360 Kcal) HOT SMOKED SALMON SALAD horseradish, beetroot and new potatoes (187 Kcal)
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· ·	23	PRAWN BRIOCHE ROLL tiger prawns, miso mayo, brioche roll (1000 Kcal)
BROAD BEAN & FETA PIE from Penny's Pies, Cornwall 19 poppadom and mango chutney (460 Kcal) mashed potatoes, seasonal vegetables and gravy CORNISH CRAB LINGUINE chilli, garlic, tomato and parsley (791 Kcal)	24	CORNISH ARMS HAMBURGER Monterey Jack cheese, mayonnaise, chipotle chilli relish (690 Kcal)
from our Launceston butcher, Philip Warren,	32	CORNISH ARMS SMASH BURGER 20 chuck and ribcap with caramelised onion and camembert (1171 Kcal)
JACK STEIN'S PIRI PIRI CHICKEN 20 half roast chicken, marinated in a piri piri sauce, PEPPERCORN SAUCE (137 Kcal)	4	BACON (187 Kcal) 1.75 BLUE CHEESE (177 Kcal) 1.75
served with tomato and onion salad and chips (2118 Kcal) BONE MARROW GRAVY (248 Kcal)	4	JALAPEÑO PEPPERS (14 Kcal) 1.75
SIDES ·····		.,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
ONION RINGS (126 Kcal) 3 TOMATO & ONION SALAD (284 Kcal) 4 KALE WITH CONFIT C	SARLIC	(344 Kcal) 5 THIN CUT CHIPS (365 Kcal)



one feeds two charity. So far we have donated over 300,000 meals through the One Feeds Two charity.

Please ask for information on allergens. Adults need around 2000 kcal a day. A discretionary service charge of 12.5% will be added to your bill.



DESSERTS

STICKY TOFFEE PUDDING with Cornish clotted cream	8.95 (984Kcal)
CHOCOLATE PAVÉ with peanuts and salted caramel ice cream	8.95 (1003Kcal)
MISSISSIPPI MUD PIE POT	7.95 (695Kcal)
VANILLA PANNA COTTA with pouring cream and pistachio nuts	7.95 (545Kcal)
RHUBARB PAVLOVA with Chantilly cream	8.95 (605Kcal)
TRELEAVENS CORNISH ICE CREAMS (3 scoops)	7.50
strawberry (193Kcal) vanilla (192Kcal) chocolate (206Kcal) raspberry ripple (170Kcal) salted caramel (204Kcal)	
TRELEAVENS CORNISH SORBETS (3 scoops)	7.50
mango (260Kcal) ruby orange (151Kcal) lemon and lime (116Kcal) raspberry (103Kcal) strawberry (Kcal N/A) sea buckthorn (150Kacl)	

COLSTON BASSETT STILTON with walnuts, honey and biscuits 9.95 (441Kcal)

AFTER DINNER DRINKS

MONBAZILLAC, DOMAINE DE GRANGE NEUVE, FRANCE 2019 6.95 (100ml) FONSECA LBV PORT 3.70 (50ml) LIMONCELLO 4.50 (25ml) SUNTORY TOKI BLENDED JAPANESE WHISKY 9.50 (25ml)

ORIGIN COFFEE

Americano | Macchiato | Flat White Cappuccino | Café Latte 4.00 Espresso 3.50 ADD A SHOT OF SYRUP 0.50 Caramel, Gingerbread, Hazelnut or Vanilla

BIRCHALL TEA 3.75

English Breakfast | Earl Grey | Peppermint Green Tea | Camomile | Fresh Mint Green Tea and Peach | Red Berry Lemongrass and Ginger